



## **Long-term sustainability of medical schemes**

Christoff Raath

The Health Monitor Company

# Background

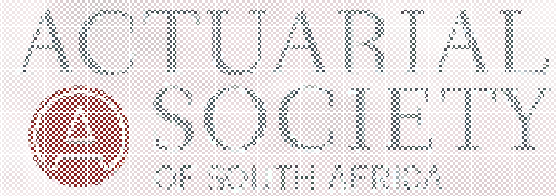
“In the long term, we are all dead”

- John Maynard Keynes, 1923





# Agenda



1. Background and context
2. Ageing inflation
3. Case studies
4. Long term valuation bases
5. Regulatory developments

# Long-term related questions

- Is it appropriate for high-solvency schemes to temporarily dip into loss-making positions?
- Are PRMA valuation bases generally coherent with the realities of underlying schemes?
- What is an appropriate basis for the evaluation of a medical scheme amalgamation?
- What kind of (and how many) new entrants does a scheme need to ensure sustainability?
- Under which circumstances can a scheme fund future expenditure from of future contributions?

### Long-term

- Traditional actuary
- 20 or more years
- Contribution increases lower than investment returns

### Short-term

- Regulatory emphasis
- Non-traditional actuary
- Medical scheme product design
- One to three years
- Contribution increases in excess of  $CPI(X)+3$



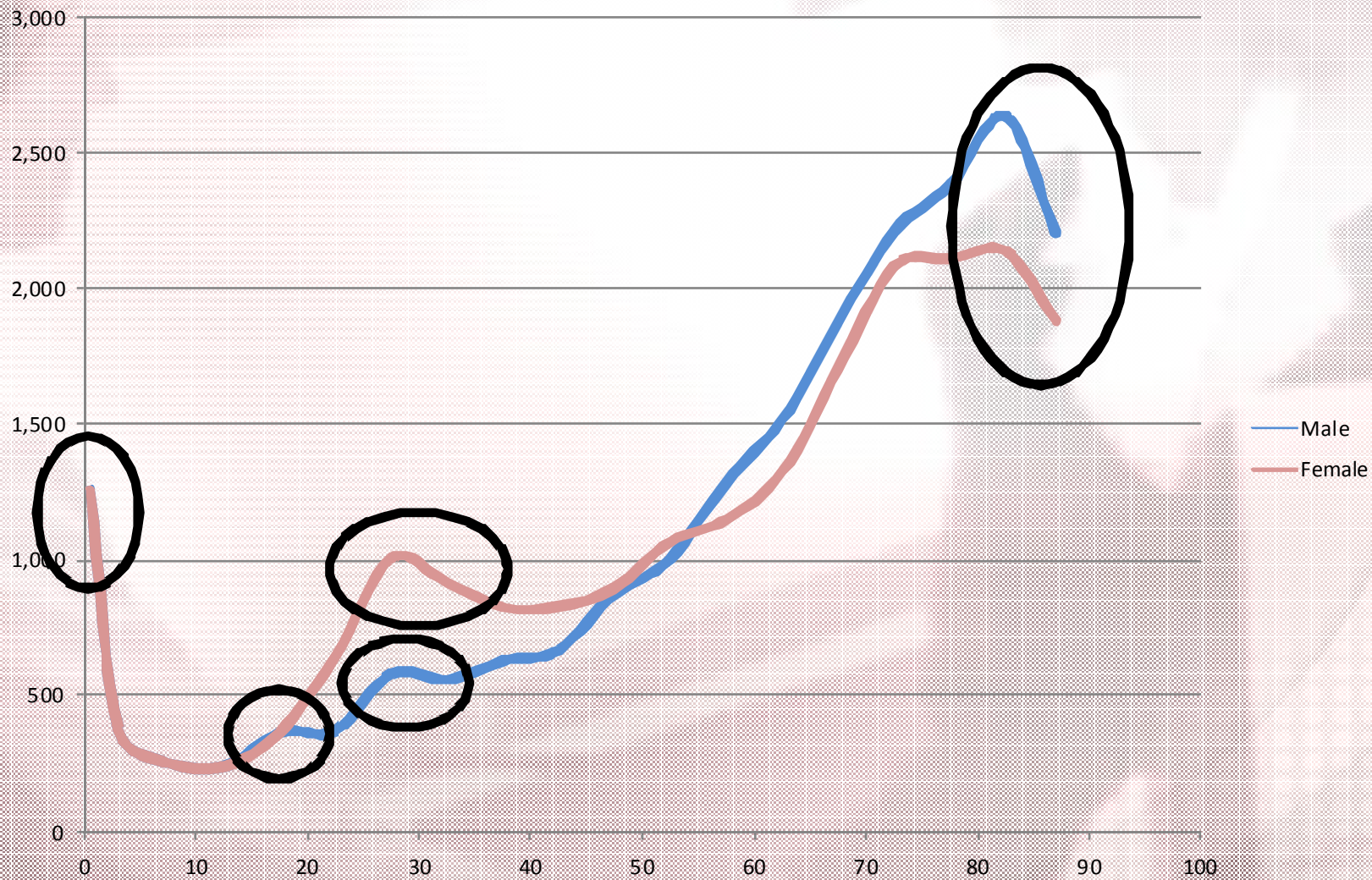
# Aim

- Realistic present-day medical scheme case studies
- Determine circumstances under which sustainability is attained
  - Loss ratios
  - Contribution increases
  - Claims inflation
  - Investment return
  - New entrants
  - Mortality
  - Membership lapses

# Ageing inflation

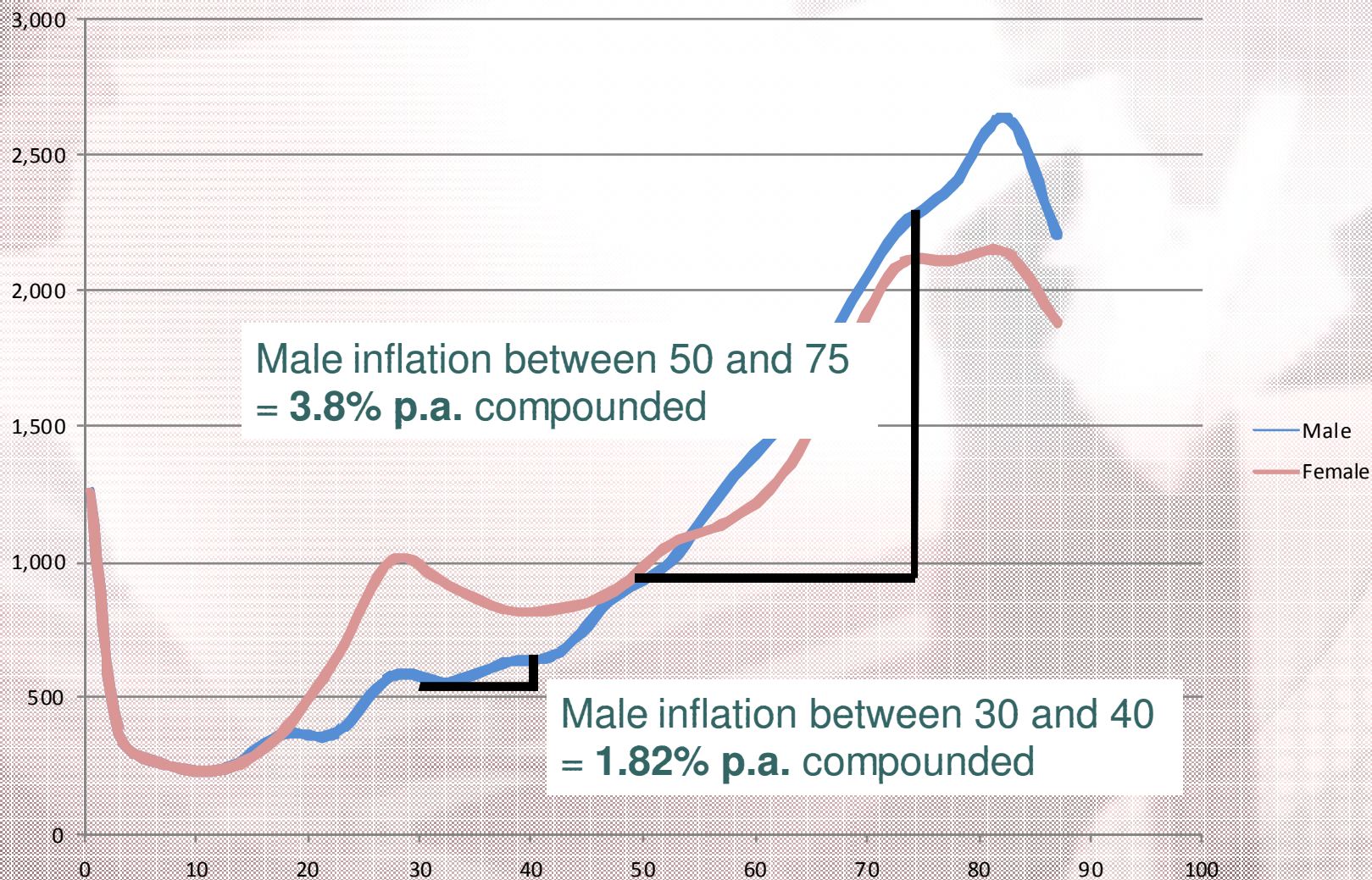


# Claims curve

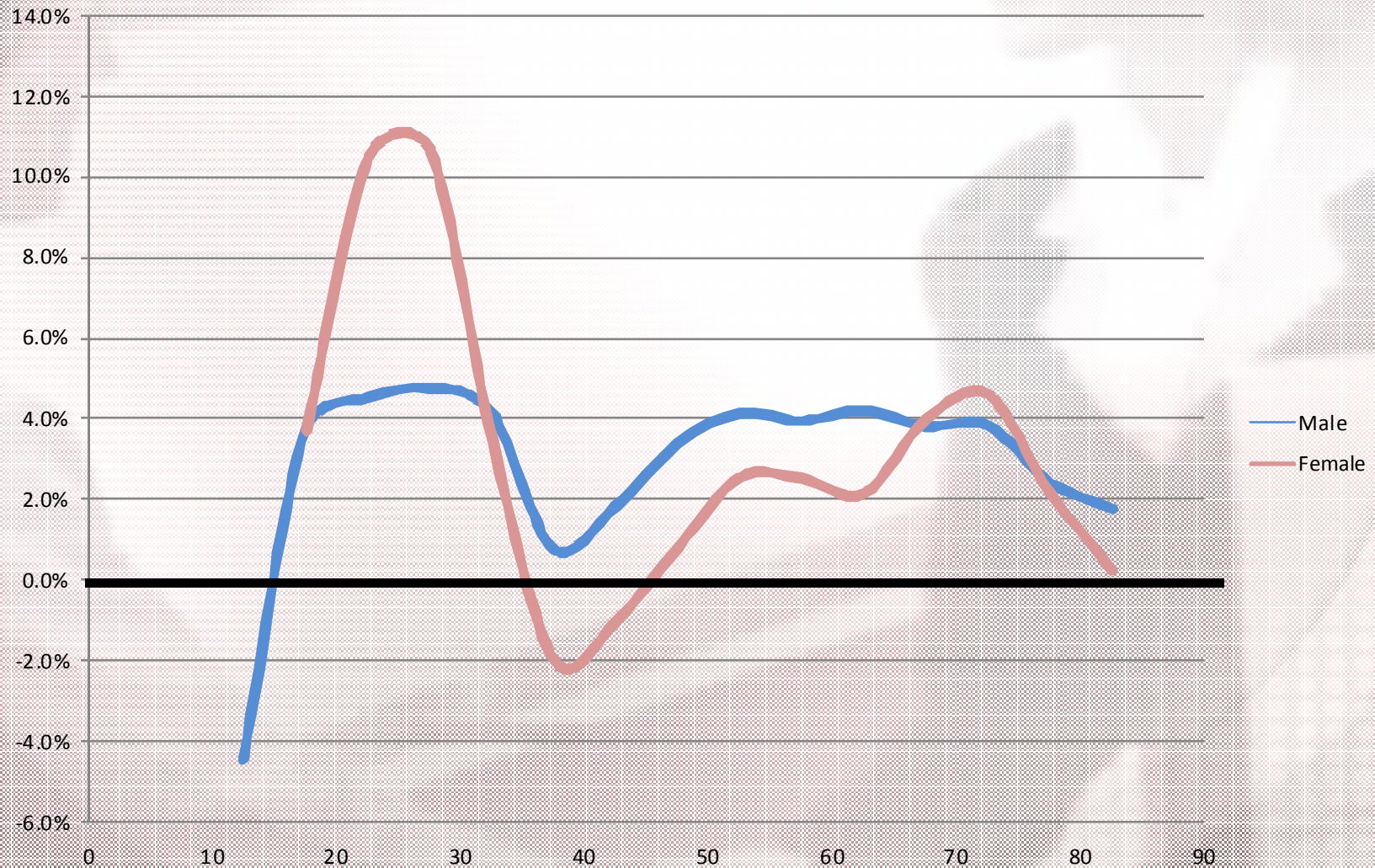




# Ageing inflation

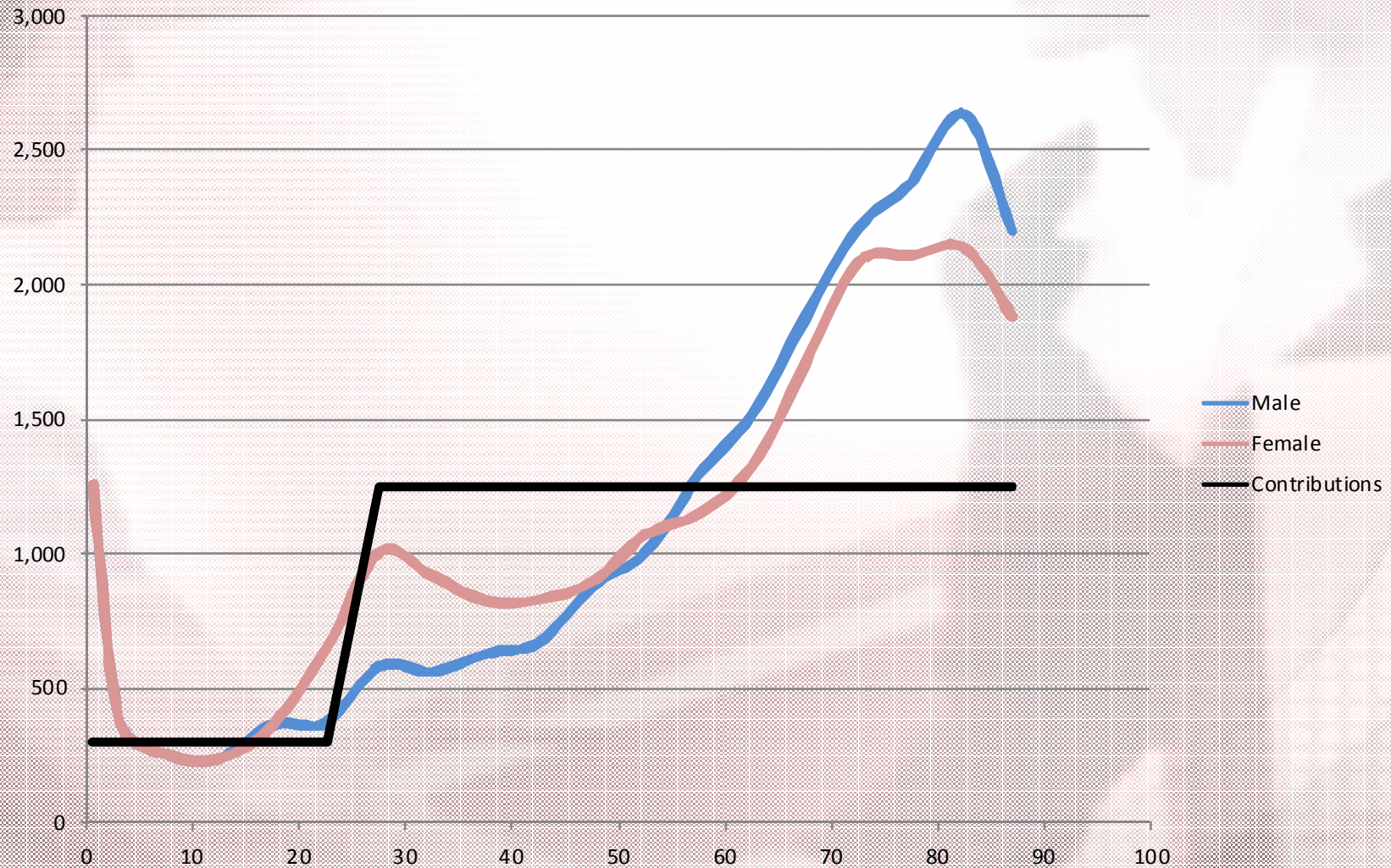


# Ageing inflation

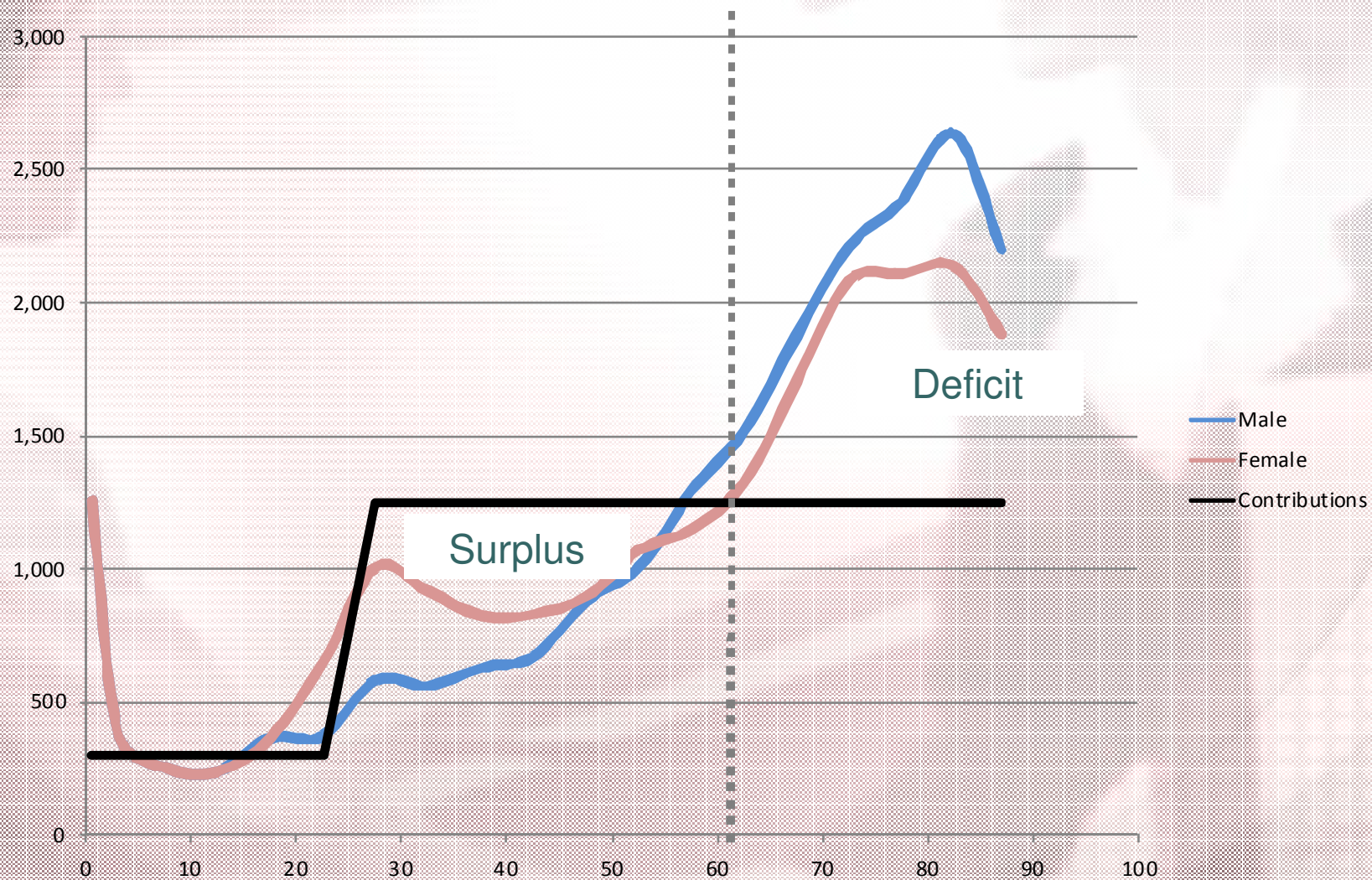




# Claims vs contributions

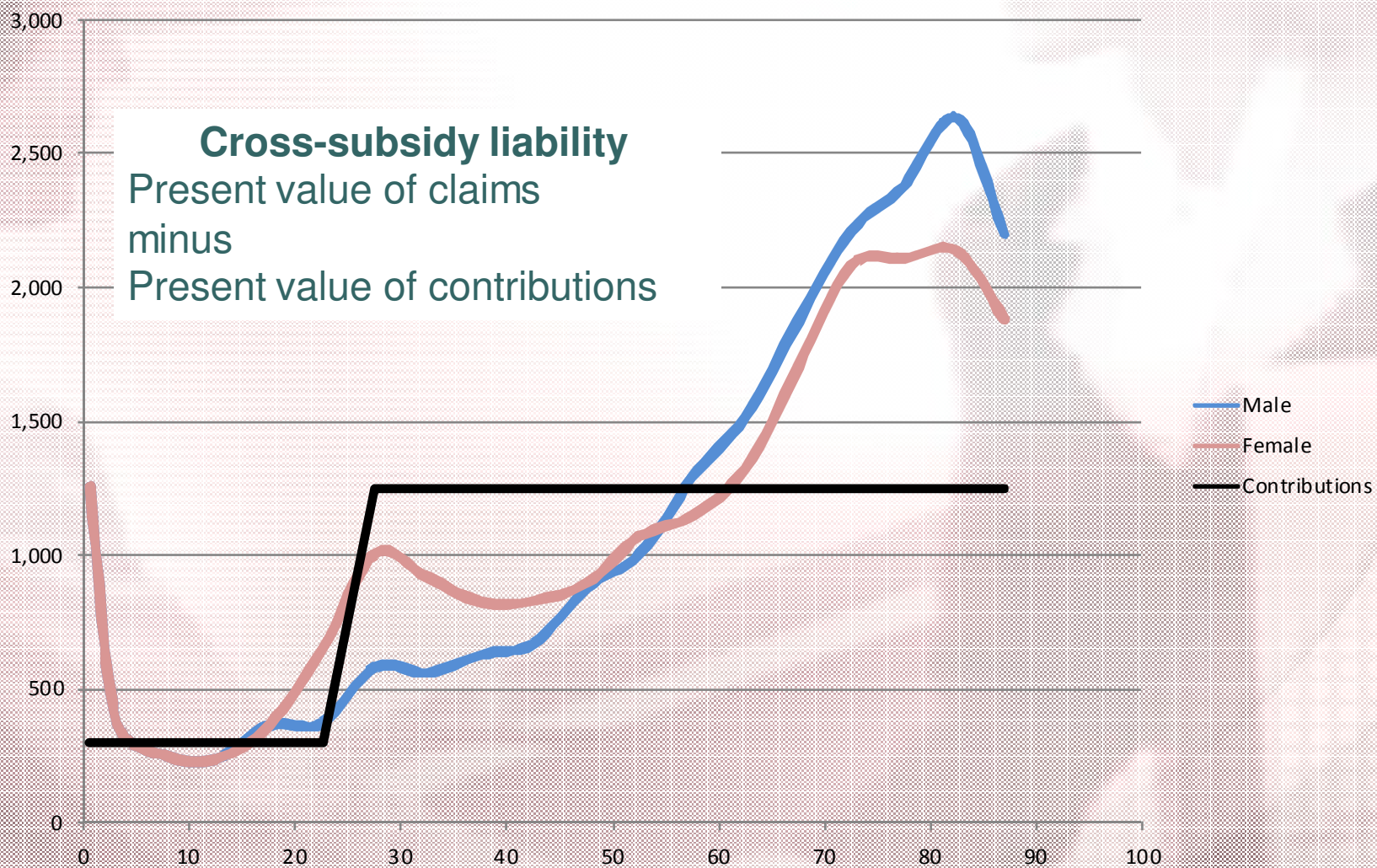


# Claims vs contributions

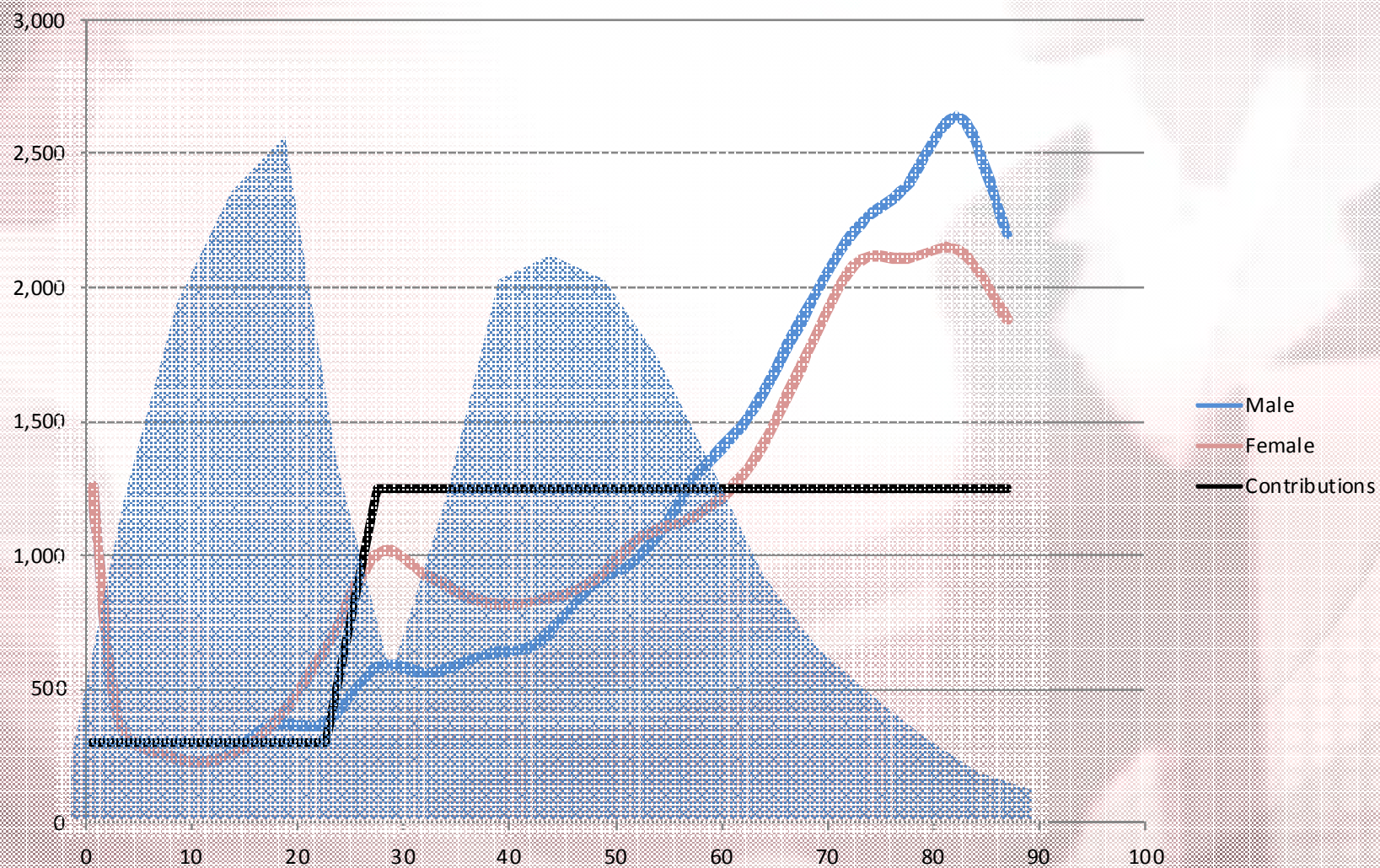




# Claims vs contributions

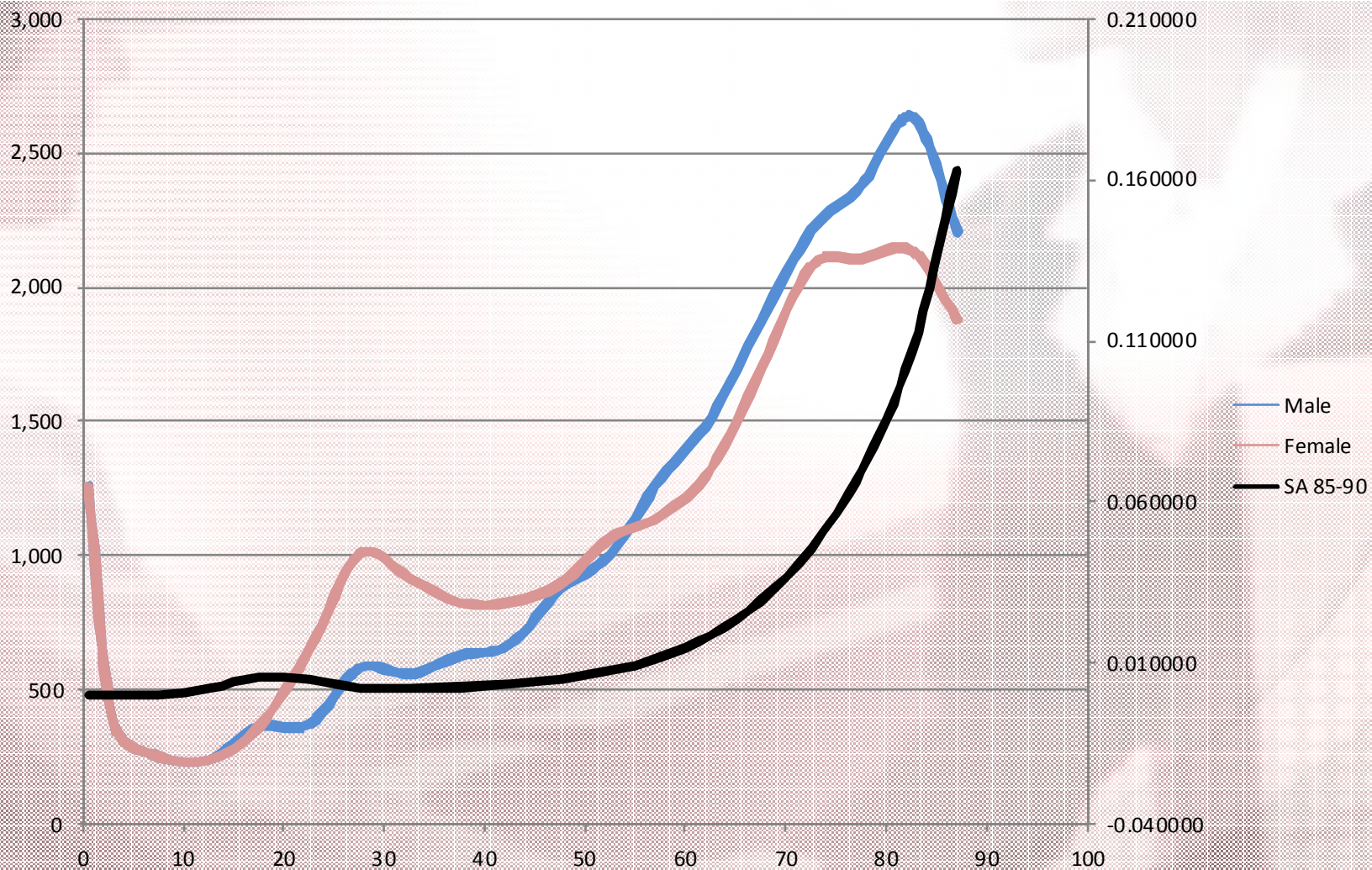


# Claims vs contributions

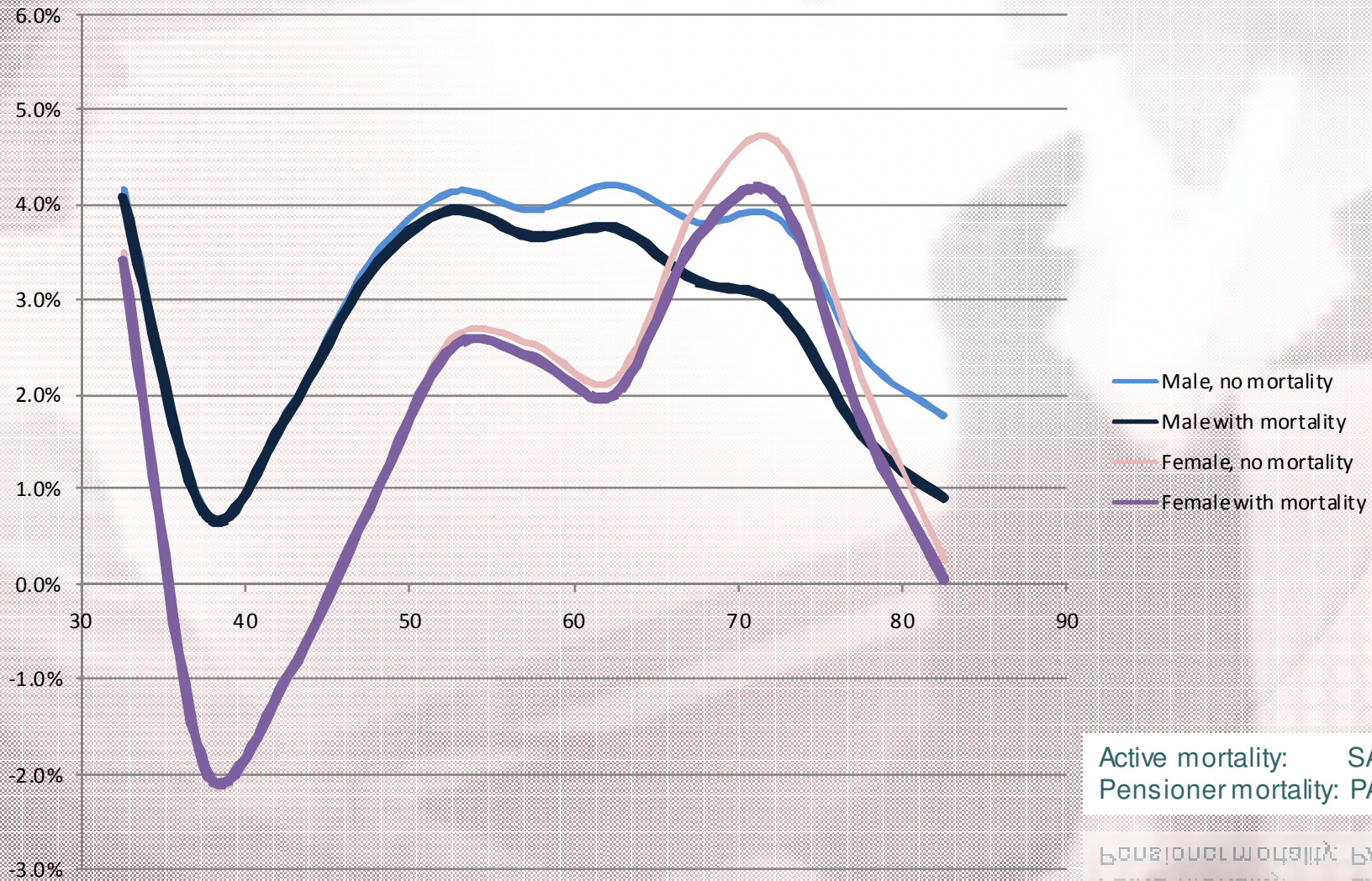




# Claims curve and mortality



# Mortality-adjusted ageing inflation



Active mortality: SA 85-90  
 Pensioner mortality: PA90 (-1)

# Model structure

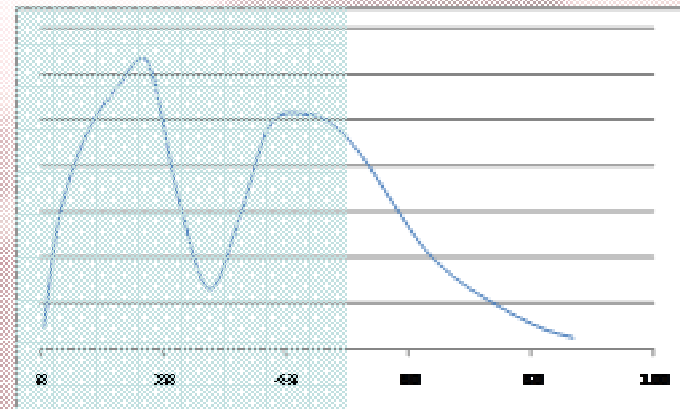
- Cash-flow projection
- Inflation
  - Contributions
  - Claims
  - Non-health
  - Investment return
- Child dependant withdrawal
  - Or conversion to principal member
- Mortality
- Lapses
- New entrants





## New entrant model

- “Fold-back” of existing population onto itself
- Constant addition of new beneficiaries
- Scheme’s starting profile subject to a maximum age
- Leads to a stationary population



# Assumptions

- Long-term inflation 6.0%
- Investment return 8.5%
- Claims inflation 8.0%  
(Inflation + margin for technology, HIV/AIDS, PMB-creep)
- Non-health inflation 6.0%
  
- Contribution increases 8.0%  
Allows us to assess whether *ageing* can be funded from future contributions

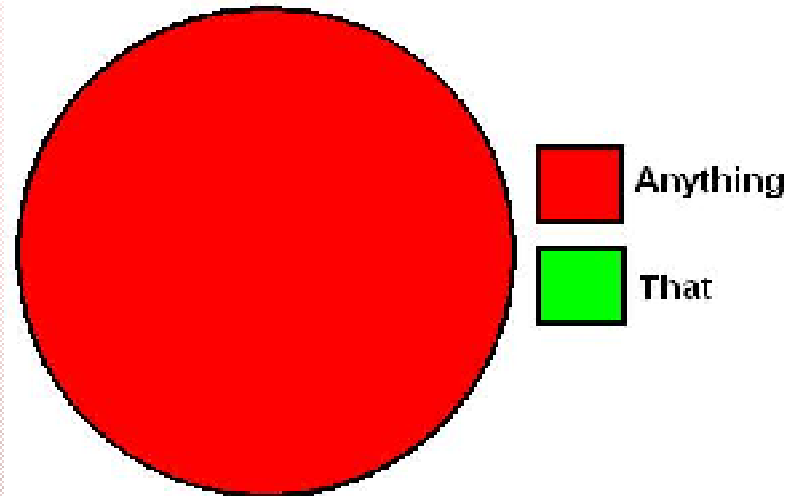
# Assumptions

- Active mortality SA 85-90 (-3 for females)
- Pensioner mortality PA 90 (-1)
  
- Child dependents convert to principal members
  - Restricted schemes: 0%
  - Commercial schemes: 10%
  
- Lapse rate 0%



## Case studies

Things Meat Loaf would do for love



# Medical scheme scenarios

## Scheme A

Ageing restricted scheme  
Loss-making  
Traditional benefits

Beneficiaries	15,512
MSA%	0.0%
Start avg age	43.53
Pensioner ratio	14.9%

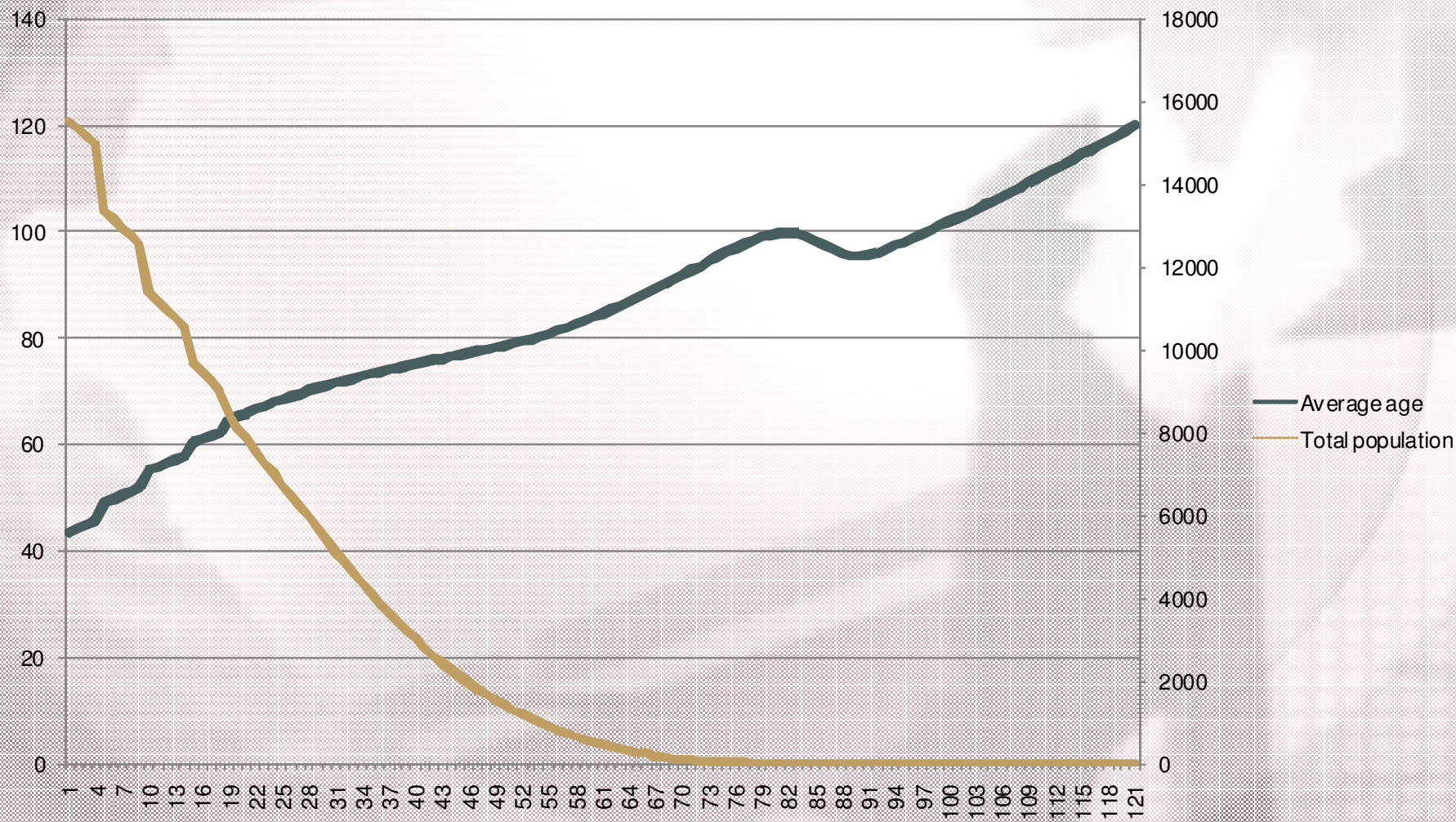
## Contribution table

Principal	1,729
Adult	1,399
Child	227

## Income statement in year 0

		pbpm	%ctr
Gross contributions	223,153,510	1,198.82	
Net contributions	223,153,510	1,198.82	
Claims	213,692,361	1,147.99	95.8%
<b>Gross result</b>	<b>9,461,149</b>	<b>50.83</b>	4.2%
Expenses	19,133,367	102.79	8.6%
<b>Net result</b>	<b>-9,672,219</b>	<b>-51.96</b>	<b>-4.3%</b>

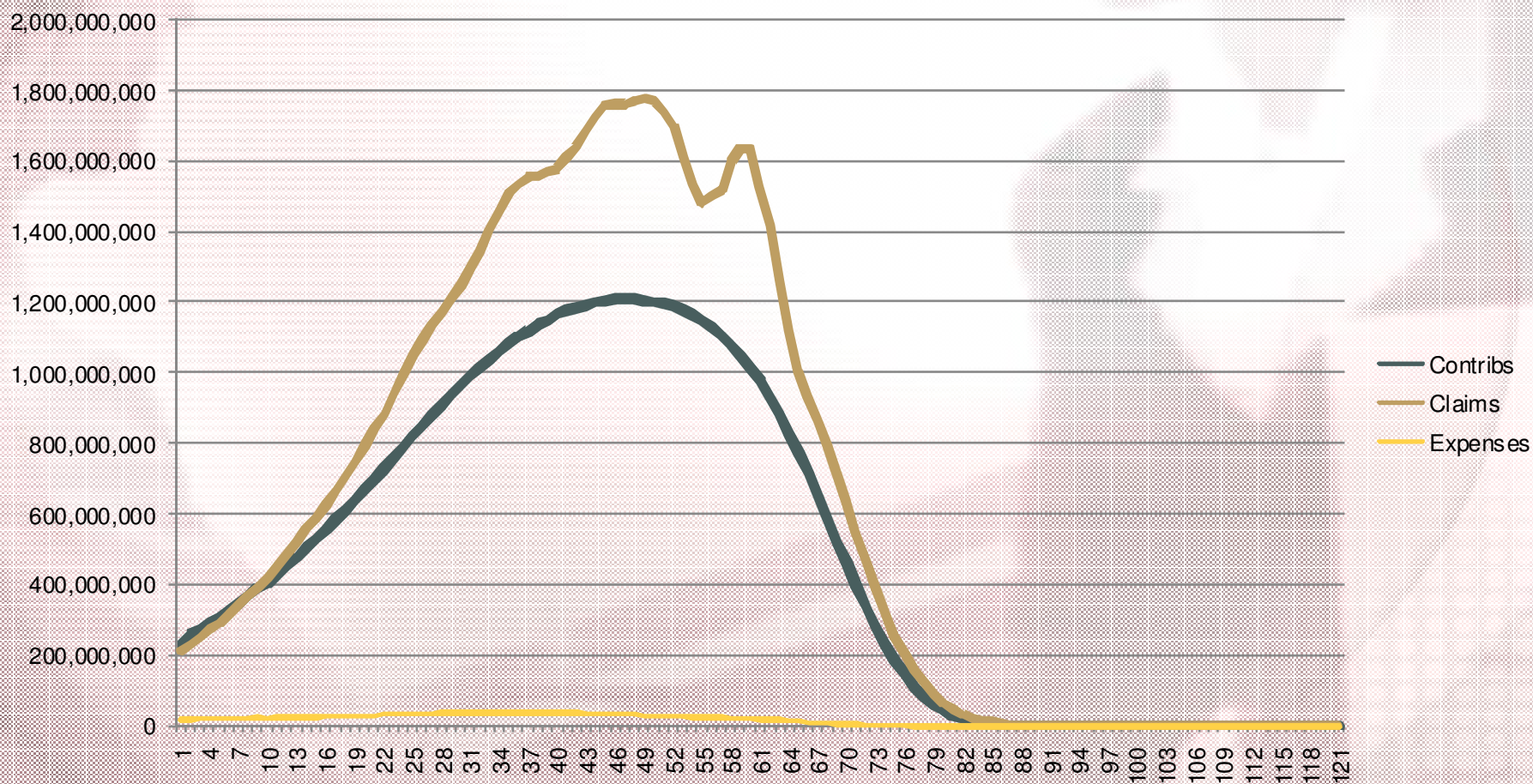
# Scheme A





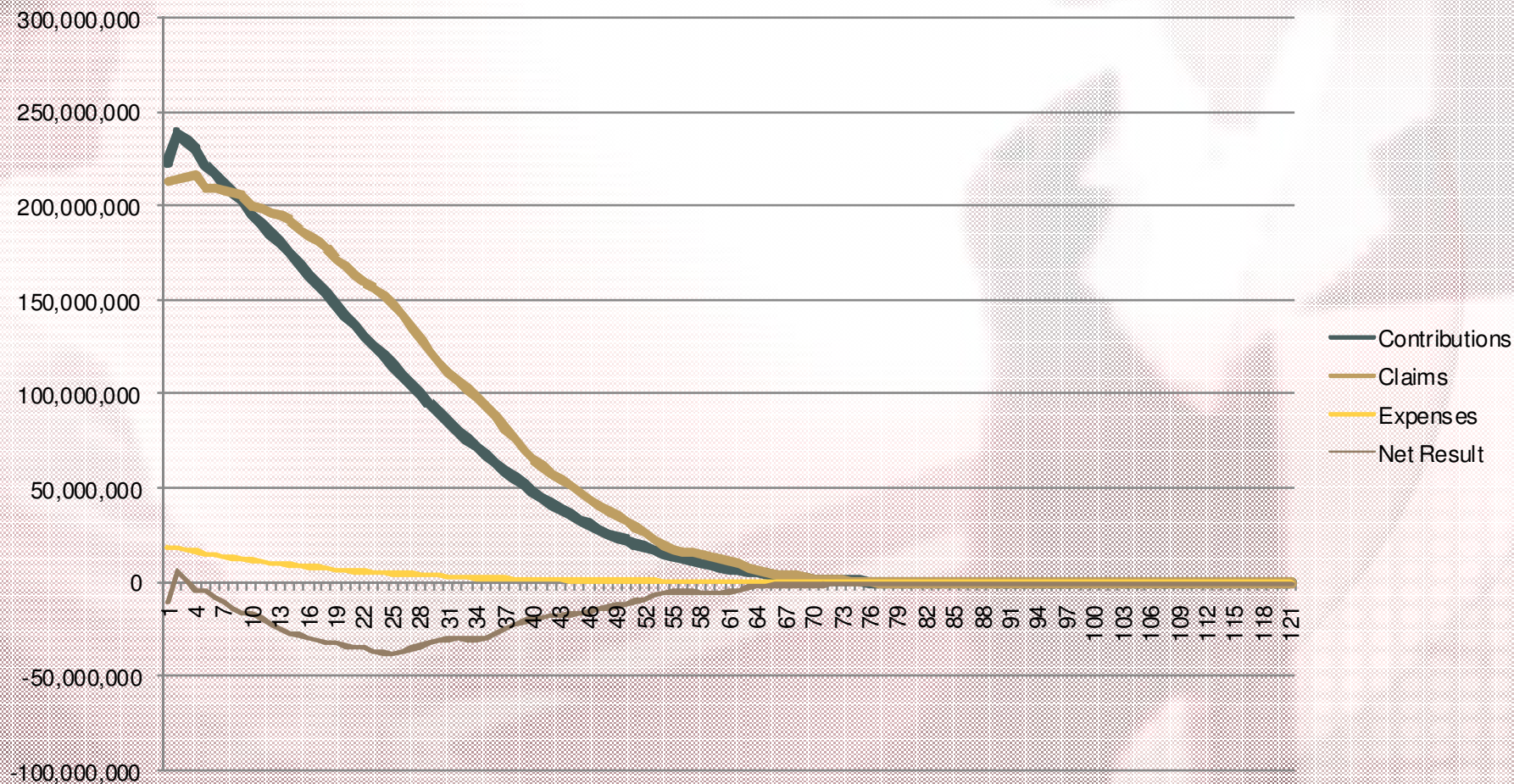
# Scheme A

## Nominal cash flows - existing population only



# Scheme A

## PV of cashflows - existing only



# Scheme A

## Existing mbrs

PV Contributions	6,151,735,007
PV Claims	7,009,608,424
<b>PV Gross Result</b>	<b>-857,873,417</b>
PV Expenses	322,695,773
<b>PV Net Result</b>	<b>-1,180,569,190</b>

## *Per existing beneficiary*

PV Contributions	396,579
PV Claims	451,883
<b>PV Gross Result</b>	<b>-55,304</b>
PV Expenses	20,803
<b>PV Net Result</b>	<b>-76,107</b>

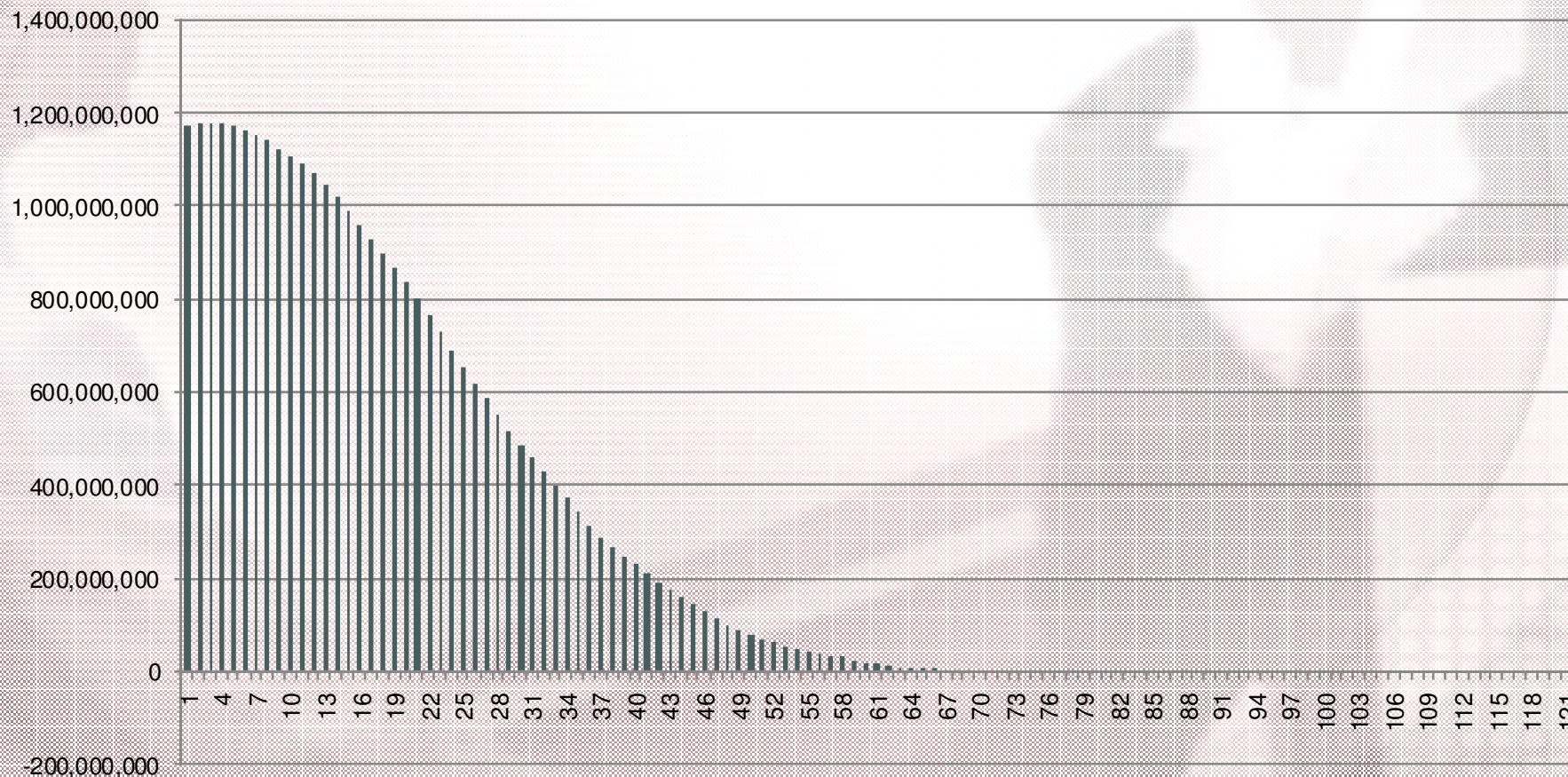
## *Reserve requirement*

*As a % gross ctr* **529%**



# Scheme A

## Reserve development in today's money terms (zero-end)



# Scheme A

(How) can scheme A be made sustainable?



# Scheme A

- Higher initial contributions  
(*i.e.* Start off in a surplus-making position)
- Higher annual contribution increase
- New entrants

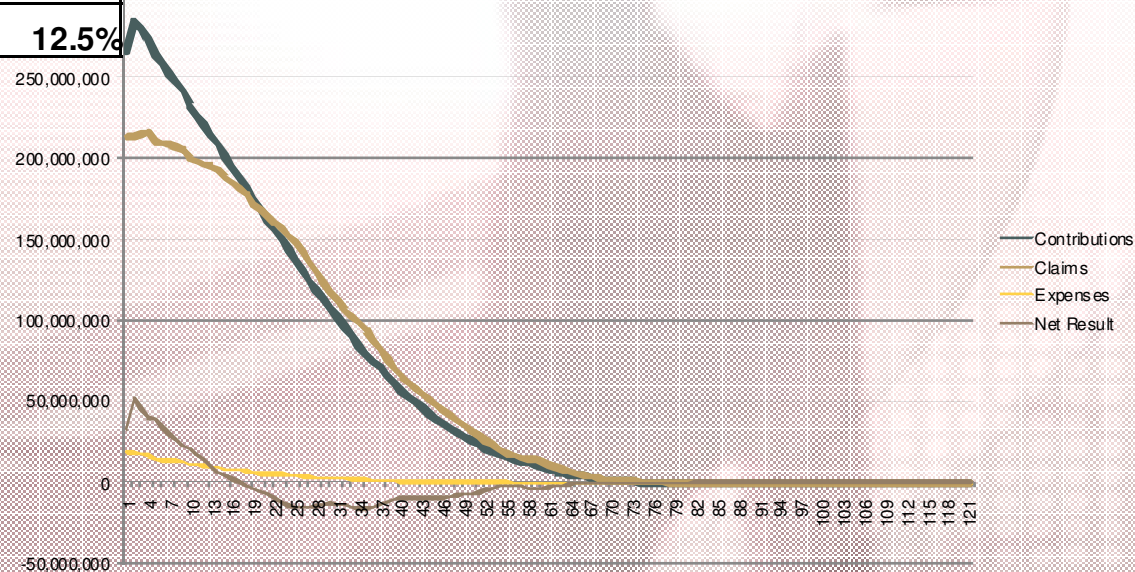


# Scheme A

## Increase initial contributions by 20%

Income statement in year 0		pbpm	%ctr
Gross contributions	265,978,527	1,428.89	
Net contributions	265,978,527	1,428.89	
Claims	213,692,361	1,147.99	80.3%
<b>Gross result</b>	<b>52,286,166</b>	<b>280.89</b>	<b>19.7%</b>
Expenses	19,133,367	102.79	7.2%
<b>Net result</b>	<b>33,152,799</b>	<b>178.10</b>	<b>12.5%</b>

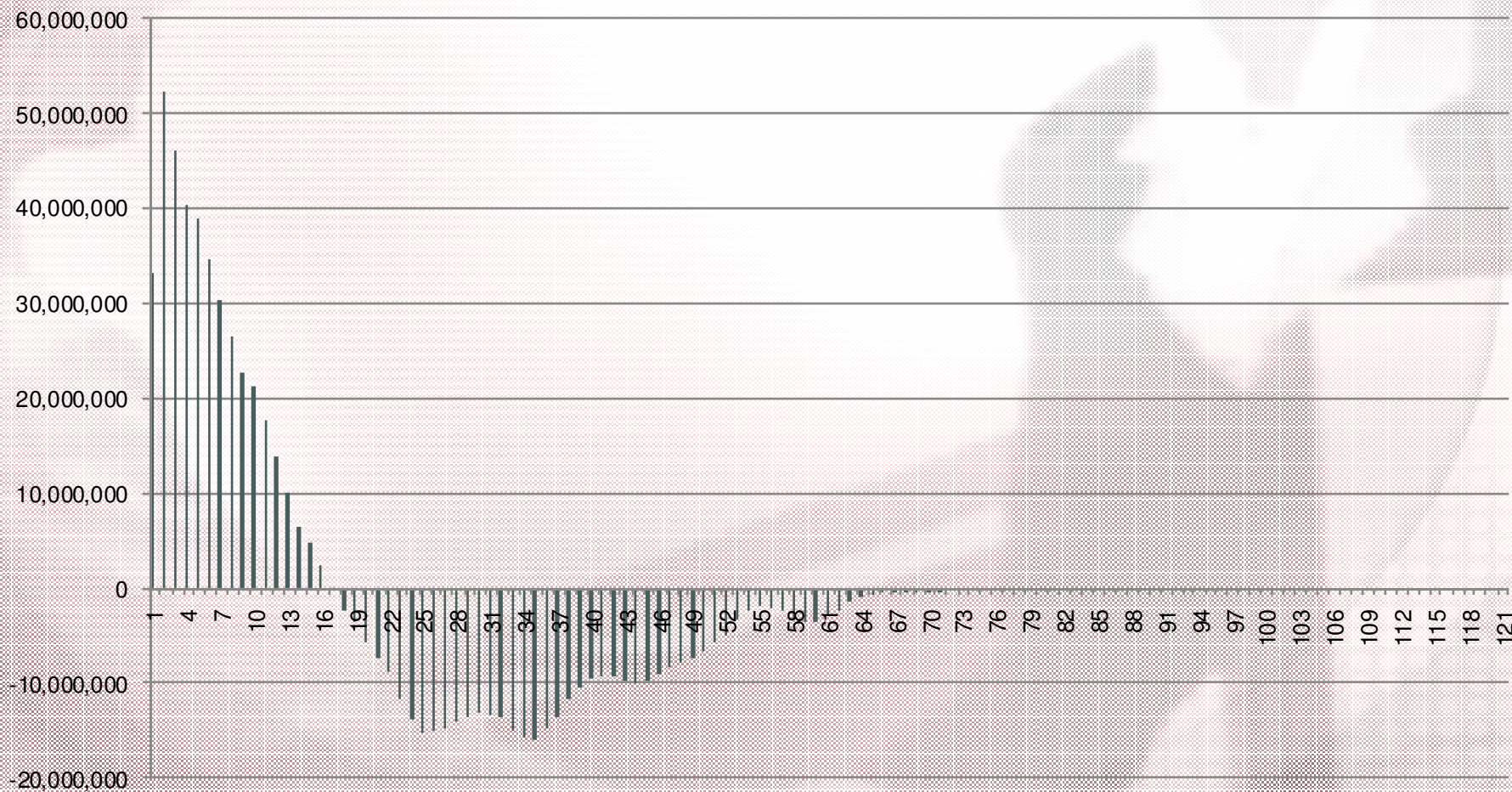
PV of cashflows - existing only



# Scheme A

Initial contributions increased by 20%

## Net Underwriting Results in today's money terms

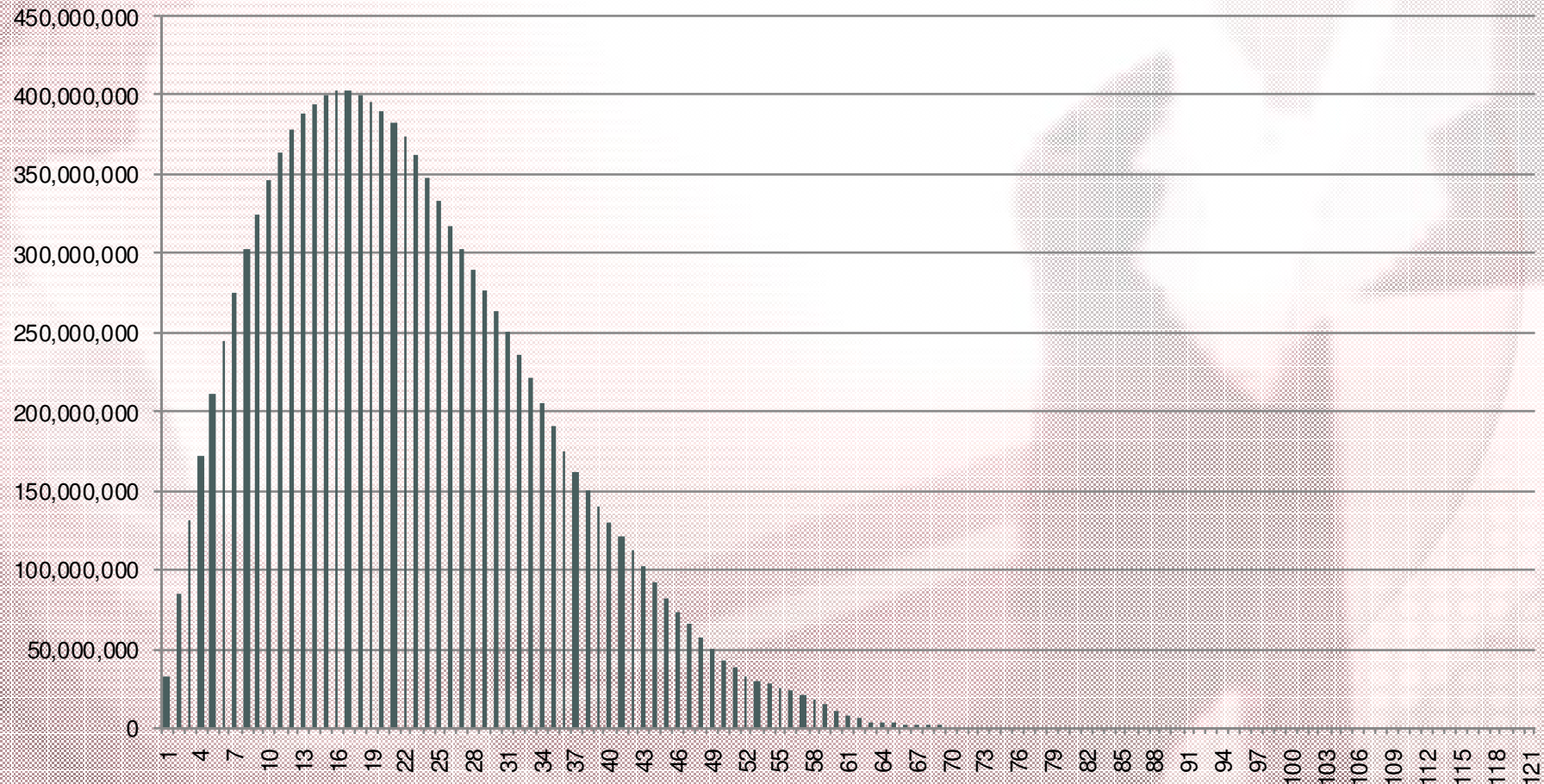




# Scheme A

Initial contributions increased by 20%

## Zero-based reserves in today's money terms



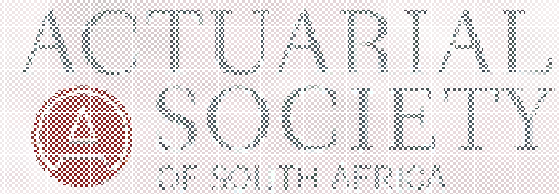


# Scheme A

- Higher initial contributions  
(*i.e.* Start off in a surplus-making position)
- **Higher annual contribution increase**
- New entrants

# Scheme A

Higher annual contribution increase



- Investment return 8.5%
- Claims inflation 8.0%
- Non-health inflation 6.0%

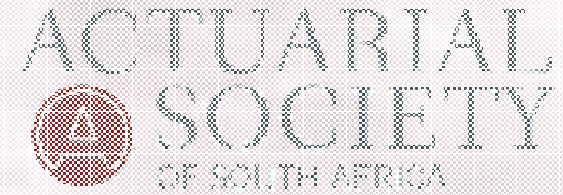
- Contribution increases

	8.00%	8.50%	9.00%
Cross-subsidiy liability	-1,180,569,190	-649,041,291	-42,891,229
per beneficiary	-76,107	-41,841	-2,765
Solvency ratio req'd	529%	291%	19%

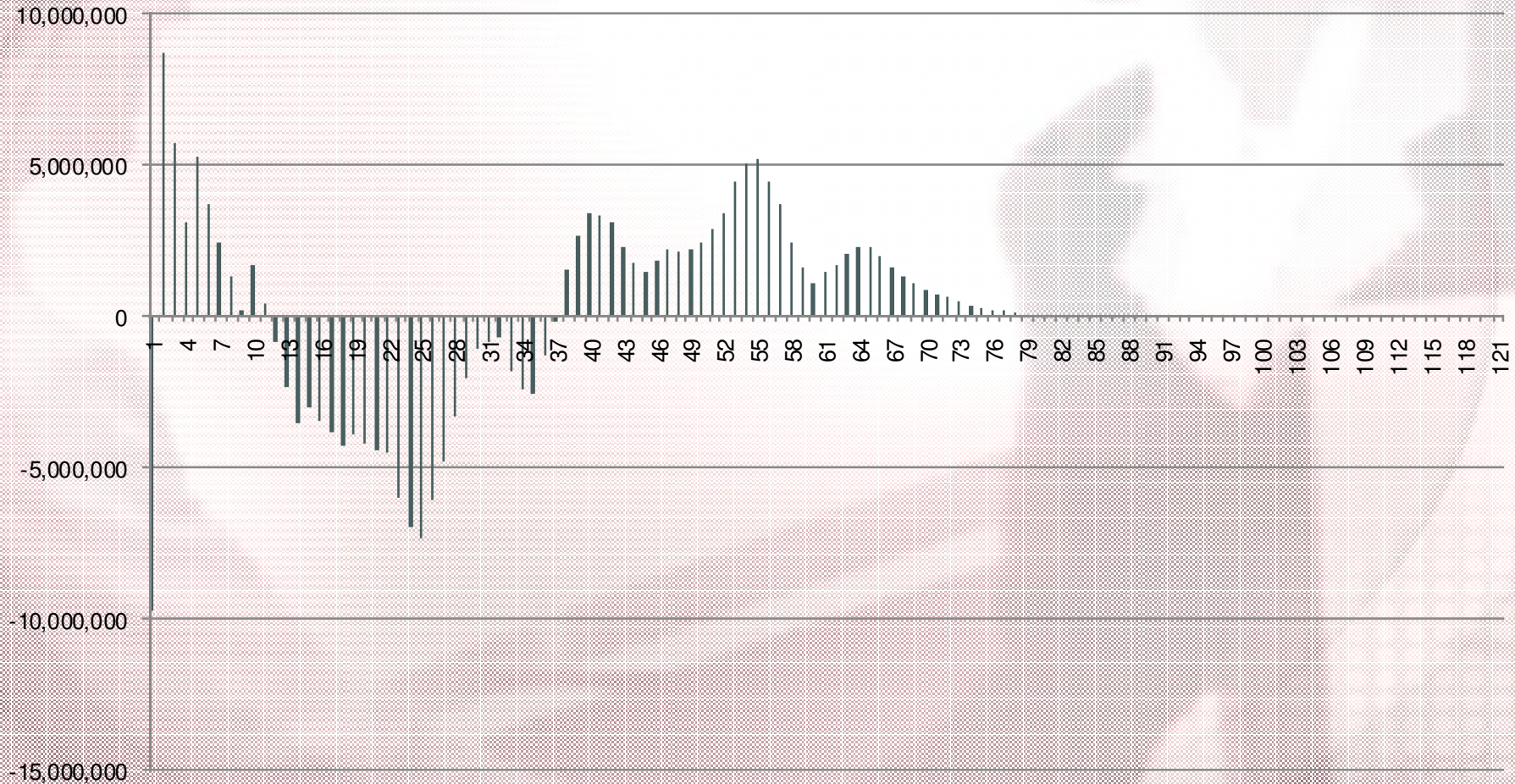


# Scheme A

Higher annual contribution increase



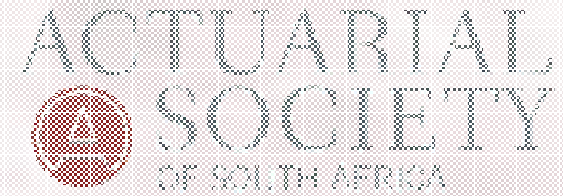
## Net Underwriting Results in today's money terms



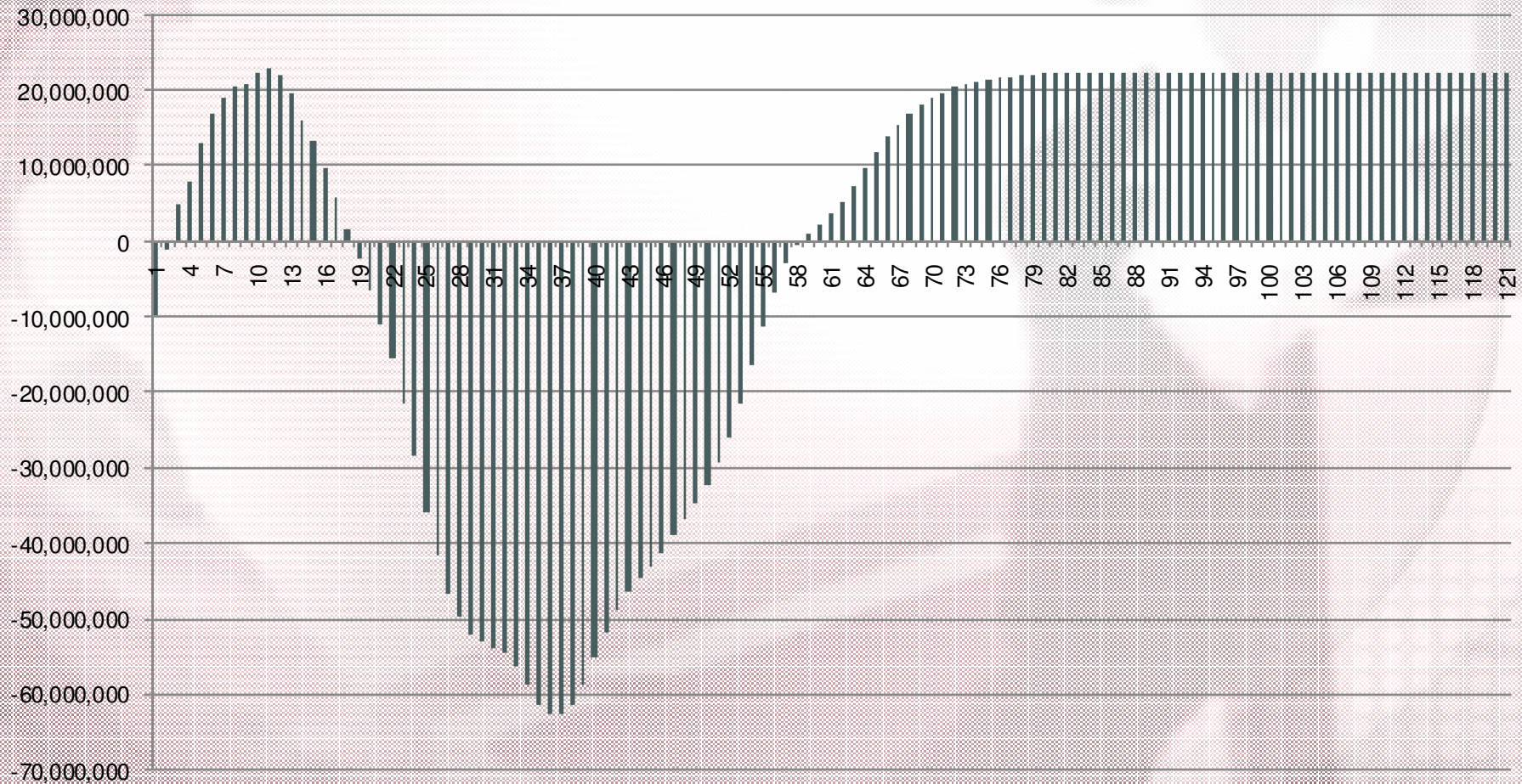


# Scheme A

Higher annual contribution increase



## Zero-based reserves in today's money terms



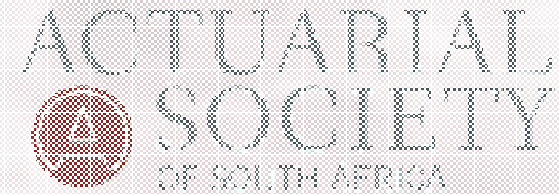
# Scheme A

- Higher initial contributions  
(*i.e.* Start off in a surplus-making position)
- Higher annual contribution increase
- **New entrants**



# Scheme A

Add new entrants



- Requires simple growth rate of 2.6%  
(402 beneficiaries per year)
- With a NE average age of 22.4 years

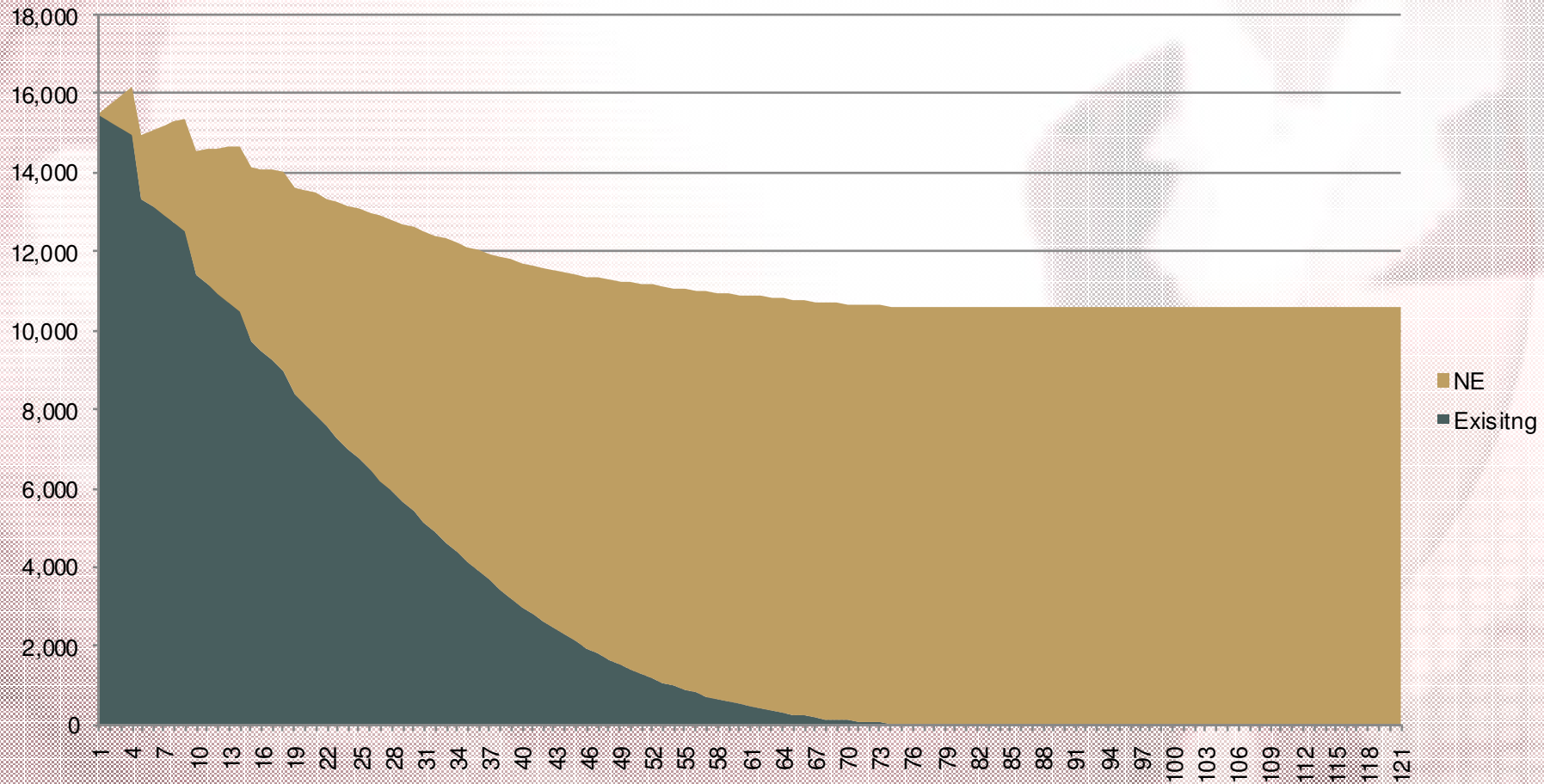
	Existing	New Entrants	Total
PV Contributions	6,151,735,007	12,272,135,423	18,423,870,430
PV Claims	7,009,608,424	10,760,611,072	17,770,219,496
<b>PV Gross Result</b>	<b>-857,873,417</b>	<b>1,511,524,351</b>	<b>653,650,934</b>
PV Expenses	322,695,773	328,591,239	651,287,012
<b>PV Net Result</b>	<b>-1,180,569,190</b>	<b>1,182,933,112</b>	<b>2,363,922</b>



# Scheme A

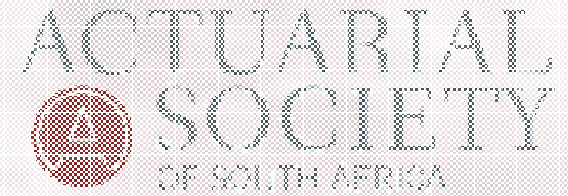
Add new entrants

## Population (beneficiaries)

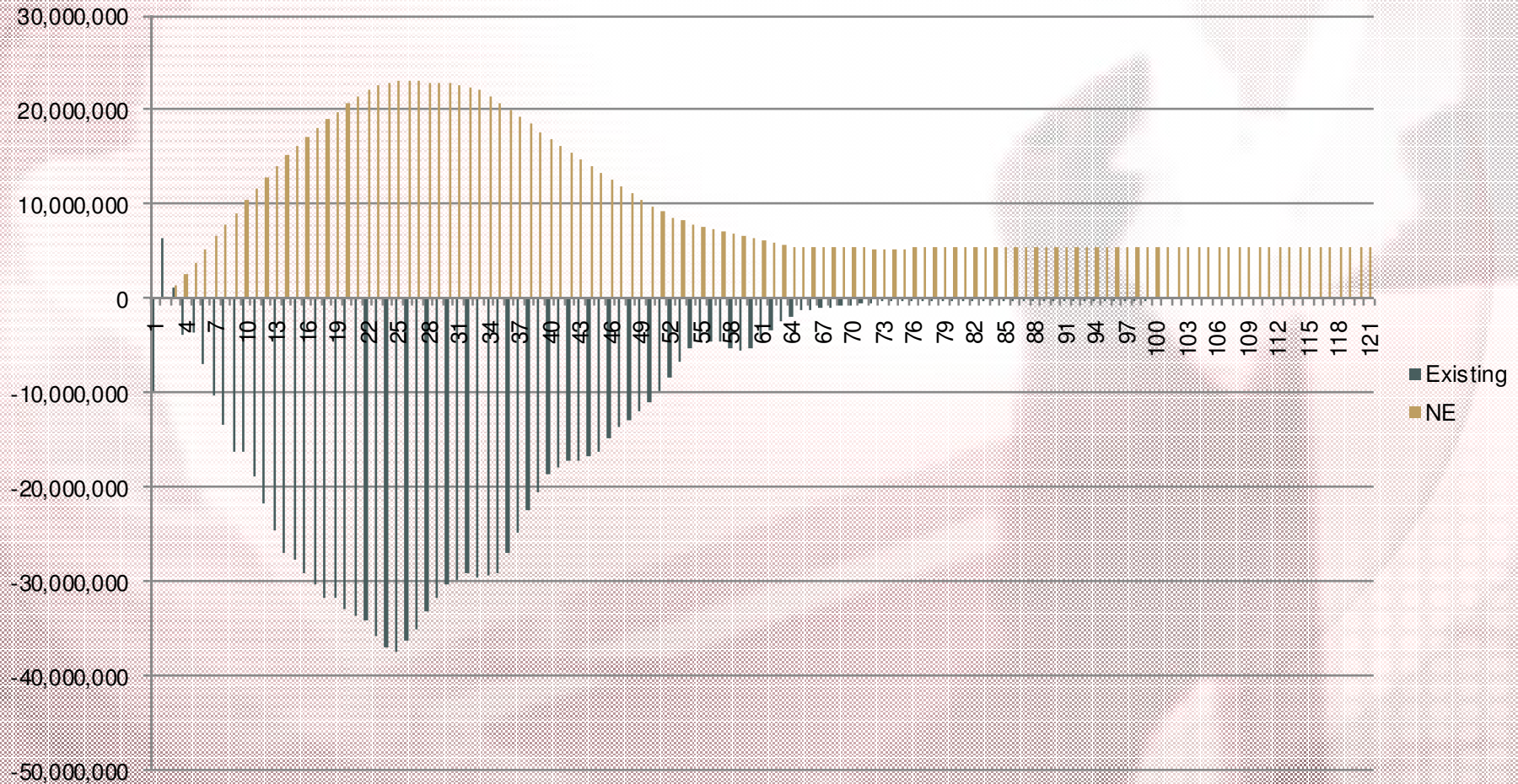


# Scheme A

Add new entrants



## Net Underwriting Results in today's money terms

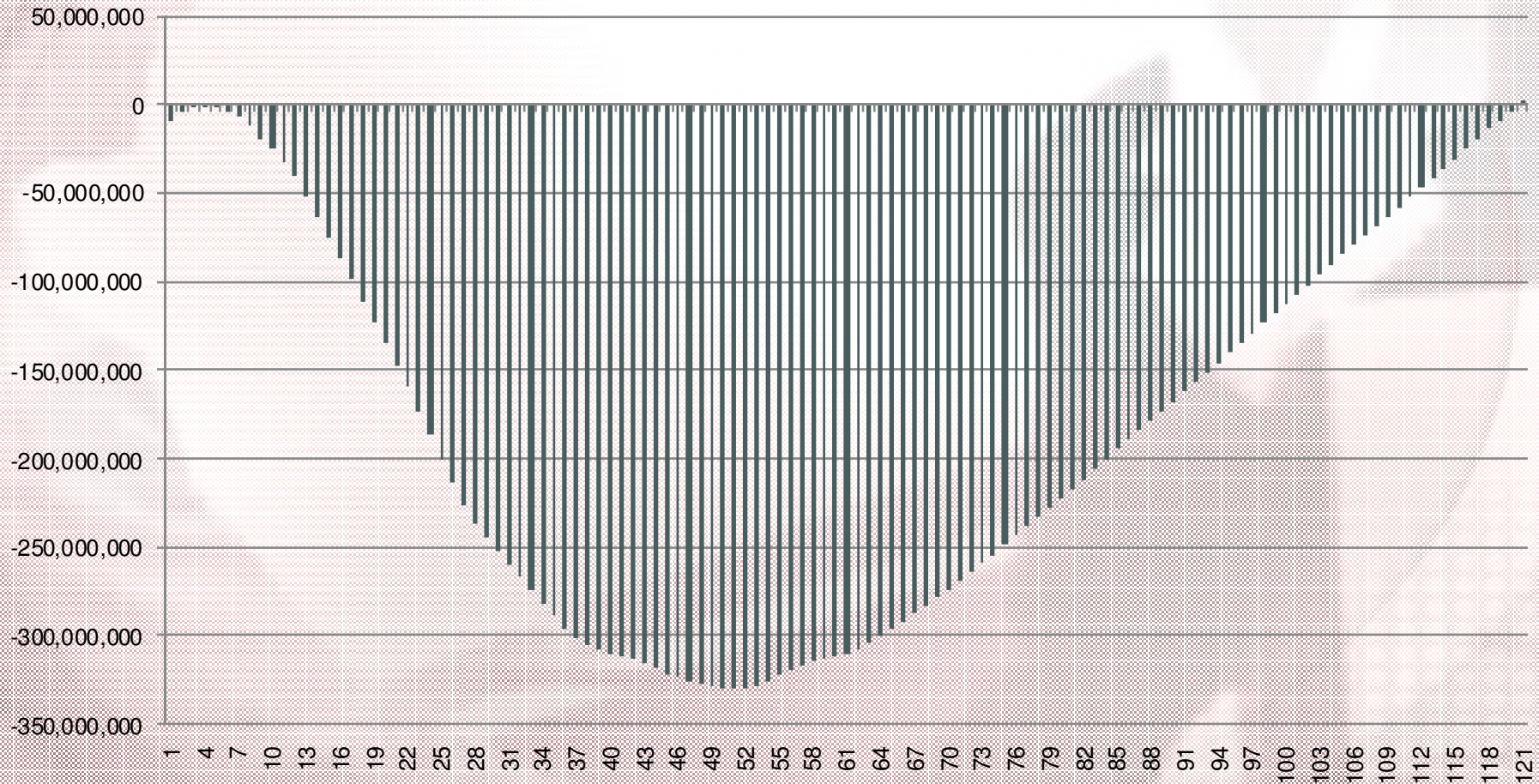




# Scheme A

Add new entrants

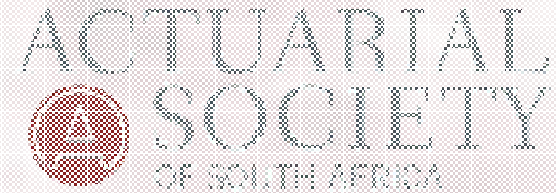
## Zero-based reserves in today's money terms





# Scheme A

Add (more) new entrants



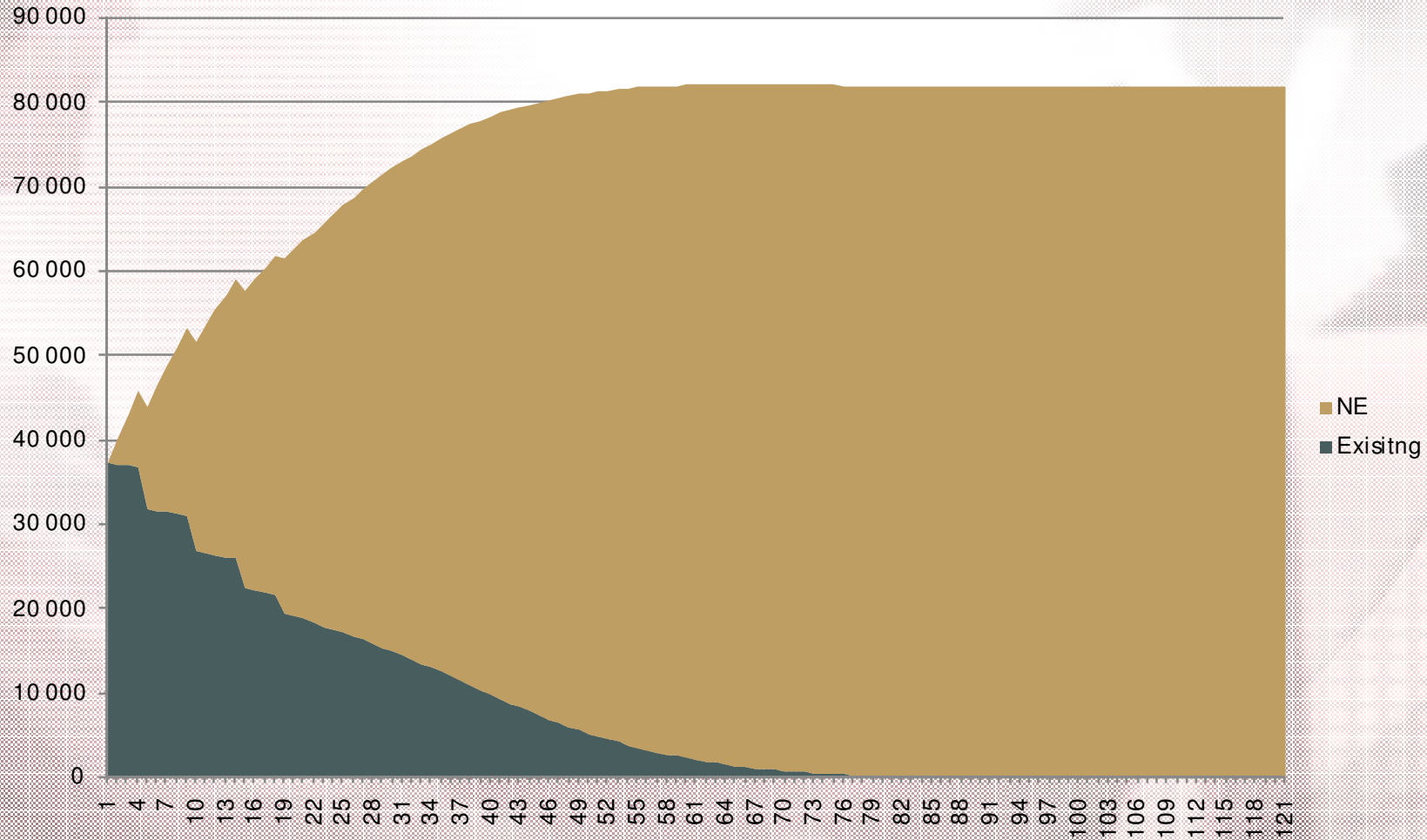
- Increase simple growth rate from 2.6% to 4.3%  
(671 beneficiaries per year)
- With a NE average age of 22.4 years

	<b>Existing</b>	<b>New Entrants</b>	<b>Total</b>
PV Contributions	6,151,735,007	20,453,559,039	26,605,294,046
PV Claims	7,009,608,424	17,934,351,787	24,943,960,211
<b>PV Gross Result</b>	<b>-857,873,417</b>	<b>2,519,207,252</b>	<b>1,661,333,835</b>
PV Expenses	322,695,773	547,652,065	870,347,838
<b>PV Net Result</b>	<b>-1,180,569,190</b>	<b>1,971,555,187</b>	<b>790,985,997</b>

# Scheme A

Add (more) new entrants

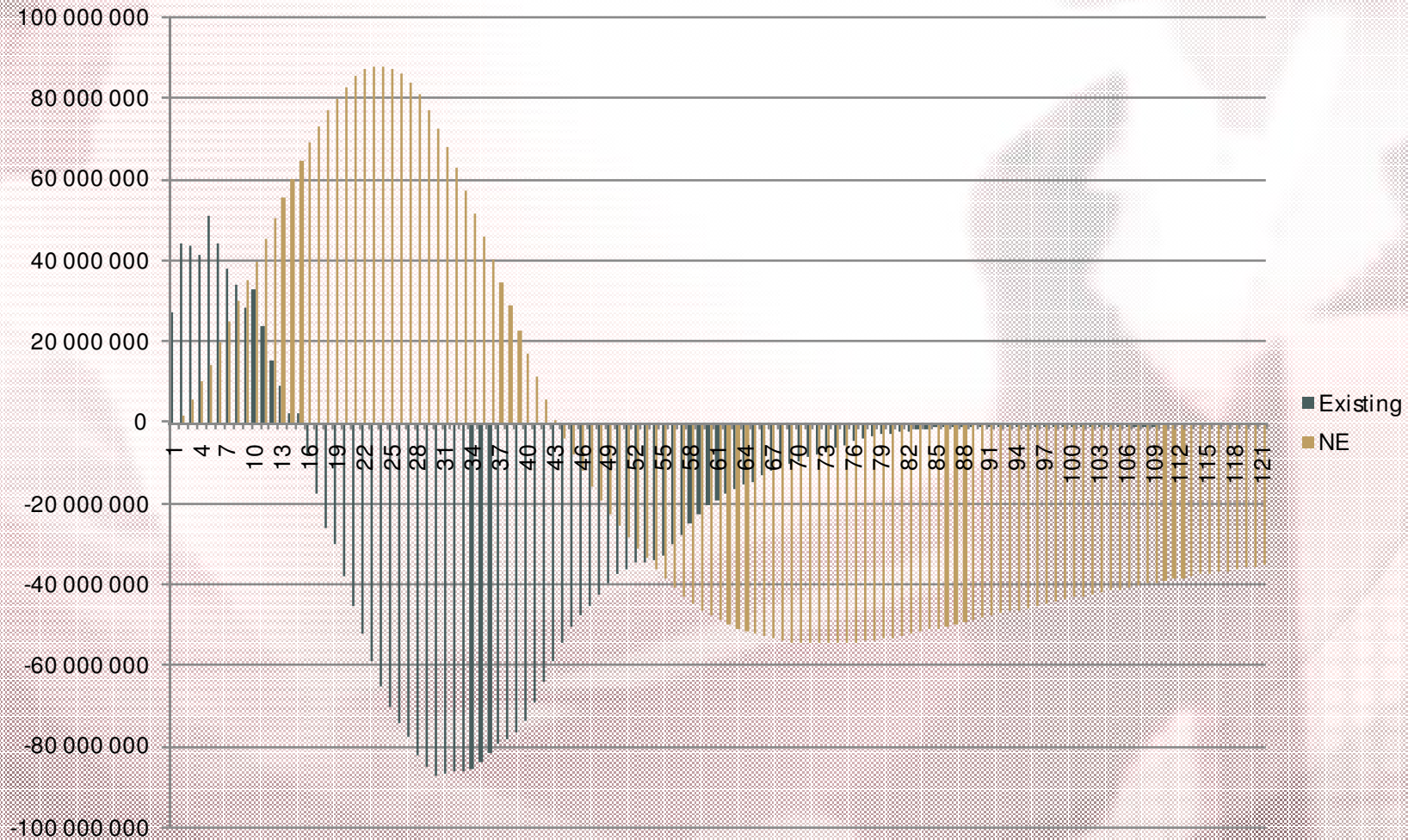
### Population (beneficiaries)



# Scheme A

Add (more) new entrants

## Net Underwriting Results in today's money terms





# Scheme A

## Can be made sustainable if

- Starting contributions are increased by 20%
- AND contributions are increased by claims inflation (excl ageing) every year thereafter, despite the generation of significant surpluses

OR

- If annual contribution increases exceed claims inflation (excl ageing) by 0.5%
- ...which implies a net discount rate of 0%

OR

- Adding new 4.3% new entrants with an average age of 22.4 years every year

# Scheme B

## Scheme B

Young commercial option  
Surplus-making  
Hospital plan with a small MSA

Beneficiaries	4,361
MSA%	10.0%
Start avg age	28.02
Pensioner ratio	1.6%

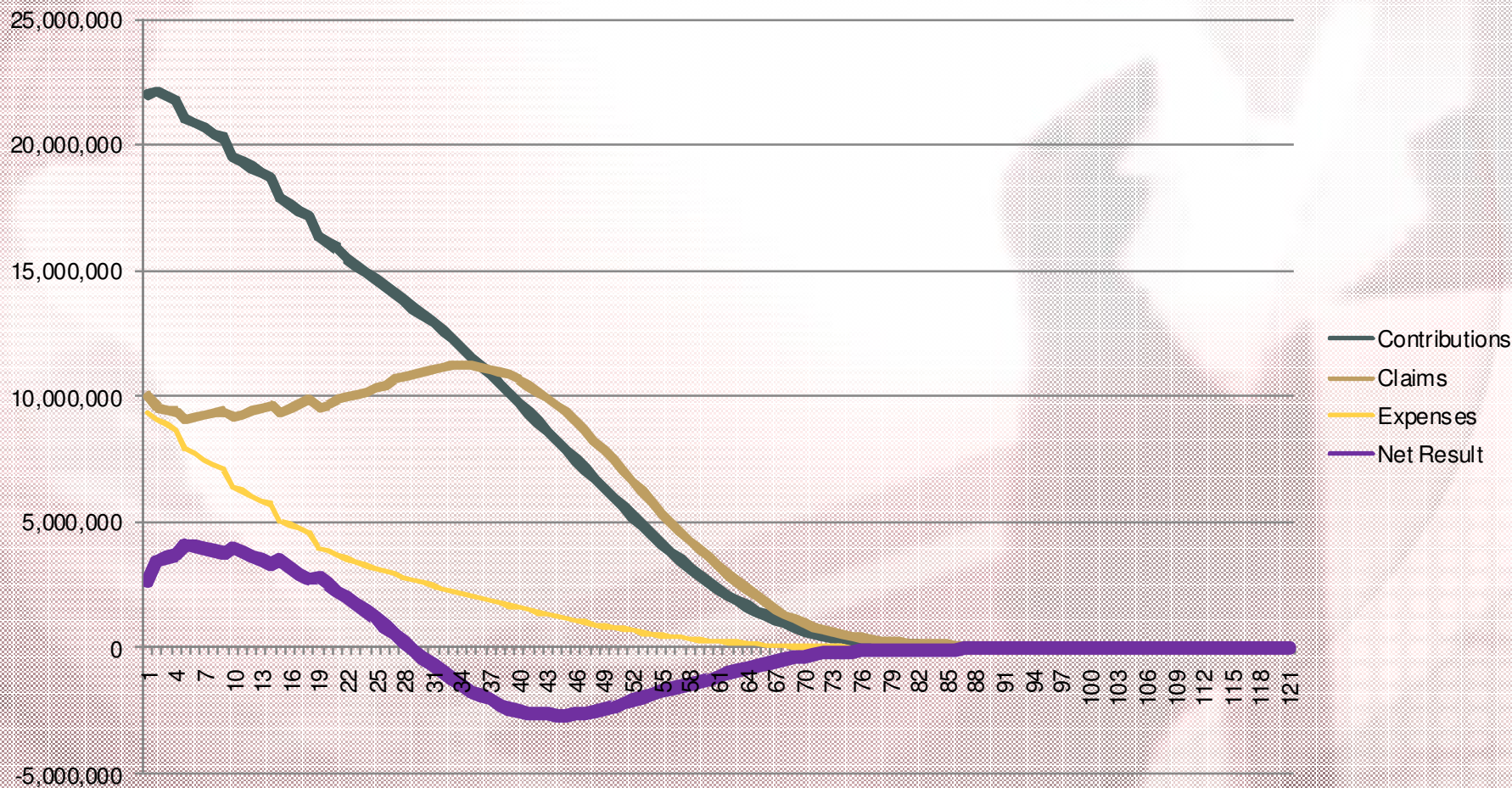
## Contribution table

Principal	558
Adult	434
Child	209

Income statement in year 0	pbpm	%ctr	
Gross contributions	24,484,375	467.87	
Net contributions	22,035,938	421.08	
Claims	10,050,569	192.05	45.6%
<b>Gross result</b>	<b>11,985,369</b>	<b>229.03</b>	<b>54.4%</b>
Expenses	9,373,453	179.12	42.5%
<b>Net result</b>	<b>2,611,916</b>	<b>49.91</b>	<b>11.9%</b>

# Scheme B

## PV of cashflows - existing only





# Scheme B

PV Contributions	784,373,715
PV Claims	573,454,373
<b>PV Gross Result</b>	<b>210,919,342</b>
PV Expenses	200,645,424
<b>PV Net Result</b>	<b>10,273,918</b>

*Per existing beneficiary*

PV Contributions	179,861
PV Claims	131,496
<b>PV Gross Result</b>	<b>48,365</b>
PV Expenses	46,009
<b>PV Net Result</b>	<b>2,356</b>

*Reserve requirement*

*As a % gross ctr* **-42%**

# Scheme C

## Scheme C

Commercial scheme

Older profile

Hospital plan

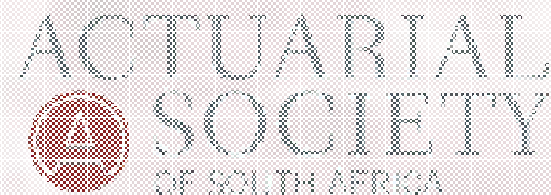
Beneficiaries	12,853
MSA%	0.0%
Start avg age	41.90
Pensioner ratio	16.6%

## Contribution table

Principal	706
Adult	606
Child	389

Income statement in year 0	ppbm	%ctr	
Gross contributions	92,676,913	600.88	
Net contributions	92,676,913	600.88	
Claims	88,984,888	576.94	96.0%
<b>Gross result</b>	<b>3,692,026</b>	<b>23.94</b>	<b>4.0%</b>
Expenses	18,848,880	122.21	20.3%
<b>Net result</b>	<b>-15,156,854</b>	<b>-98.27</b>	<b>-16.4%</b>

# Scheme C



## Scheme C

Commercial scheme  
Older profile  
Hospital plan

Beneficiaries	12,853
MSA%	0.0%
Start avg age	41.90
Pensioner ratio	16.6%

## Contribution table

Principal	706
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Child	389

Income statement in year 0	ppbm	%ctr	
Gross contributions	92,676,913	600.88	
Net contributions	92,676,913	600.88	
Claims	88,984,888	576.94	96.0%
<b>Gross result</b>	<b>3,692,026</b>	<b>23.94</b>	<b>4.0%</b>
Expenses	18,848,880	122.21	20.3%
<b>Net result</b>	<b>-15,156,854</b>	<b>-98.27</b>	<b>-16.4%</b>

	Existing
PV Contributions	2,449,995,944
PV Claims	3,594,260,477
<b>PV Gross Result</b>	<b>-1,144,264,533</b>
PV Expenses	346,345,505
<b>PV Net Result</b>	<b>-1,490,610,038</b>

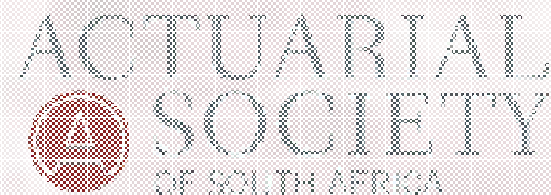
<i>Per existing beneficiary</i>	Existing
PV Contributions	190,617
PV Claims	279,644
<b>PV Gross Result</b>	<b>-89,027</b>
PV Expenses	26,947
<b>PV Net Result</b>	<b>-115,974</b>

*Reserve requirement*  
As a % gross ctr **1608%**



# Scheme D

Historically targeted at government employees



## Scheme D

Commercial scheme

Historically targeted at GEMS members

Beneficiaries	37,270
MSA%	22.0%
Start avg age	30.13
Pensioner ratio	1.3%

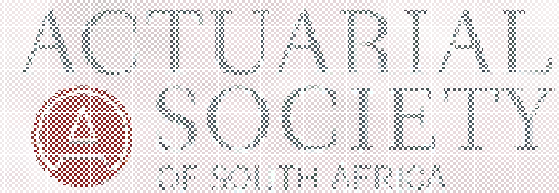
## Contribution table

Principal	1,004
Adult	707
Child	212

Income statement in year 0	pbpm	%ctr	
Gross contributions	326,518,114	730.07	
Net contributions	254,684,129	569.46	
Claims	163,942,181	366.56	64.4%
<b>Gross result</b>	<b>90,741,948</b>	<b>202.89</b>	<b>35.6%</b>
Expenses	63,467,712	141.91	24.9%
<b>Net result</b>	<b>27,274,236</b>	<b>60.98</b>	<b>10.7%</b>

# Scheme D

Historically targeted at government employees



## Scheme D

Commercial scheme

Historically targeted at GEMS members

Beneficiaries	37,270
MSA%	22.0%
Start avg age	30.13
Pensioner ratio	1.3%

## Contribution table

Principal	1,004
Adult	707
Child	212

Income statement in year 0	pbpm	%ctr	
Gross contributions	326,518,114	730.07	
Net contributions	254,684,129	569.46	
Claims	163,942,181	366.56	64.4%
<b>Gross result</b>	<b>90,741,948</b>	<b>202.89</b>	<b>35.6%</b>
Expenses	63,467,712	141.91	24.9%
<b>Net result</b>	<b>27,274,236</b>	<b>60.98</b>	<b>10.7%</b>

PV Contributions	8,607,399,489
PV Claims	9,667,644,063
<b>PV Gross Result</b>	<b>-1,060,244,574</b>
PV Expenses	1,126,683,417
<b>PV Net Result</b>	<b>-2,186,927,992</b>

## Per existing beneficiary

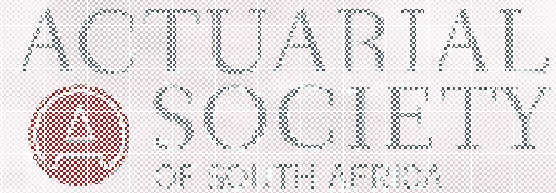
PV Contributions	230,947
PV Claims	259,395
<b>PV Gross Result</b>	<b>-28,448</b>
PV Expenses	30,230
<b>PV Net Result</b>	<b>-58,678</b>

## Reserve requirement

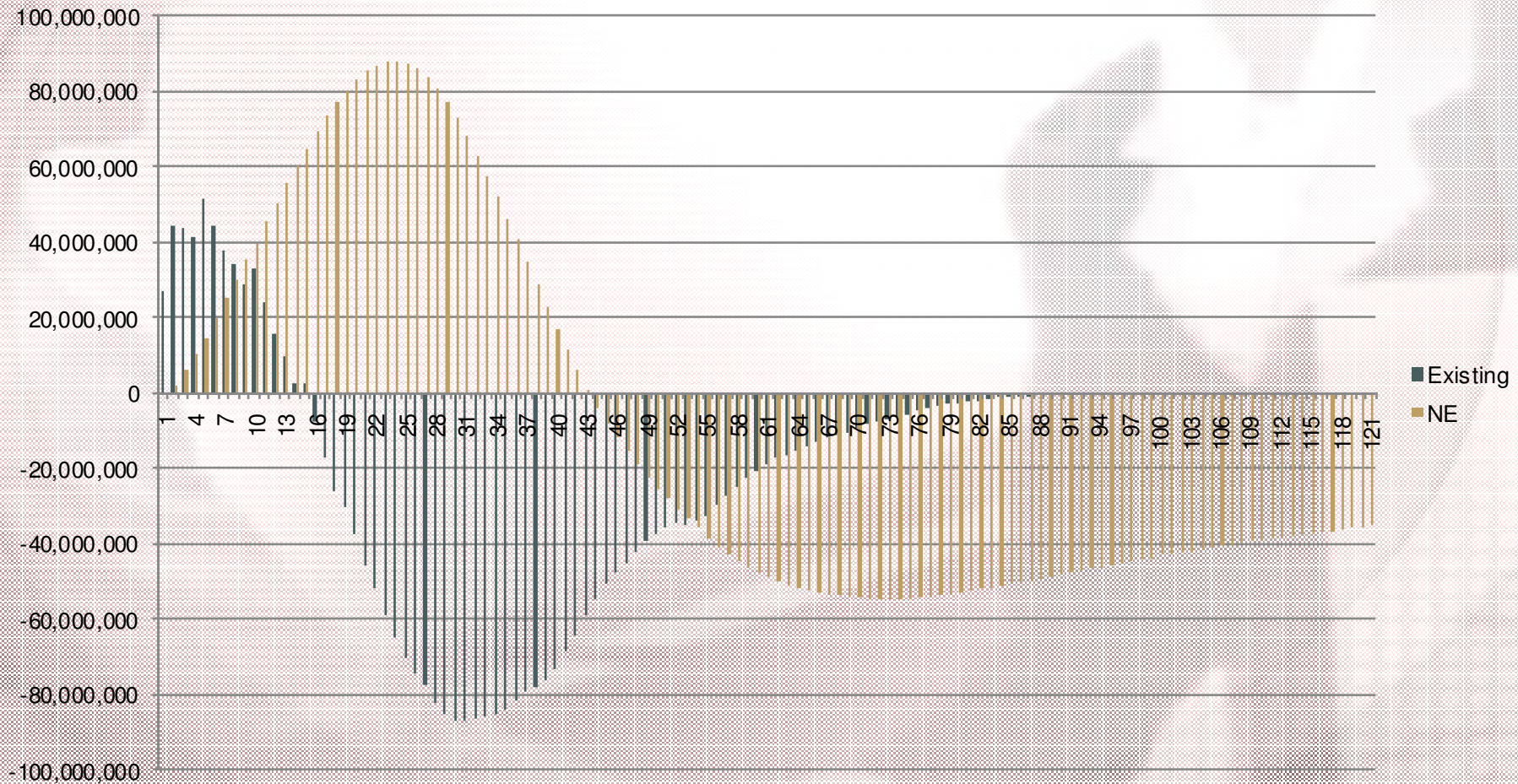
As a % gross ctr **670%**

# Scheme D

Historically targeted at government employees



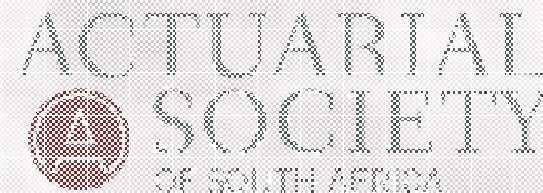
## Net Underwriting Results in today's money terms





# Scheme E

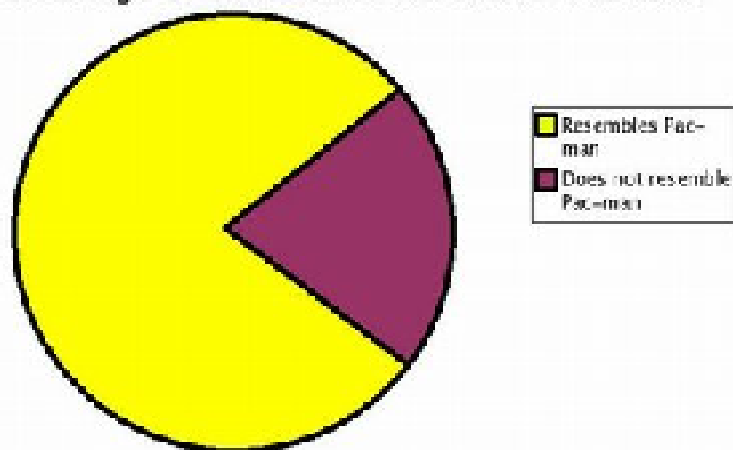
## The industry



- Cross-subsidy liability of the entire industry?
- Crudely modelled on CMS 2007-2008 annual report
- No new entrants
  
- Self-funding requirement: annual contribution increases of 8.8%
  - *i.e.* 0.8% higher than claims inflation (net of ageing)
  - or 0.3% higher than investment return

# Case-study observations

Percentage of Chart Which Resembles Pac-man





# Key observations

1. Some schemes can (theoretically) be self-funding in the long term
2. Schemes presently making surpluses of 10-15% of contributions can self-fund with (relative) ease
3. Sensitive to differential between contribution increases and claims inflation
4. Several break-even schemes' cross-subsidy liabilities exceed R50000 to R100000 per beneficiary

Translating into current solvency margin requirements in excess of 500%

5. Child dependant conversion into principal member can have a significant impact, depending on contribution structure
6. The number of young and healthy new entrants required to turn loss-making schemes around is usually unrealistic

Re-introducing the "missing" 20-30 year-old demographic could change this

7. Young new entrants is a viable strategy for sustainability  
...but is unlikely to effect a turnaround for an already-failing scheme



# Inflationary assumptions

- Long-term inflation 6.0%
- Investment return 8.5%
- Claims inflation 8.0%  
(Inflation + margin for technology, HIV/AIDS, PMB-creep)
- Non-health inflation 6.0%
  
- Contribution increases 8.0%, 8.5%, 9.0%
- Implied net risk discount rate 0.5%, 0.0%, -0.5%

# Valuation bases

- The level of the net discount rate assumed in a valuation implies whether new entrants are expected to enter the system going forward

- Contribution increases 8.0%, 8.5%, 9.0%
- Implied net risk discount rate 0.5%, 0.0%, -0.5%



# Valuation bases

What is an appropriate net discount rate to use for a scheme that does not expect new entrants?



# Valuation bases

- Risk discount rates typically positive
  - With 2% being regarded as aggressive
  - And 0% as being conservative
- Restricted schemes with little or no new entrants may require lower (even negative) net discount rates
- Realistic to assume annual increases in excess of (salary) inflation in the long term?

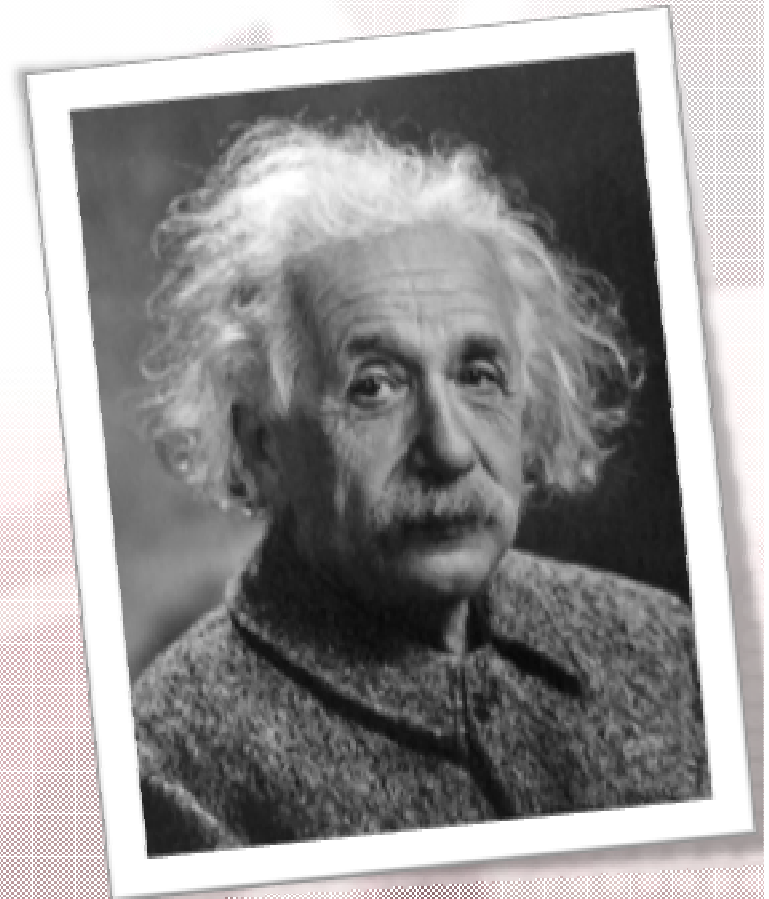
# Regulatory intervention

- Risk equalisation
  - Flattens the claims curve
  - Reduces the absolute value of cross-subsidy liabilities
  - At the cost of contribution increases to some lower-income schemes
- Income cross-subsidies
- Mandatory participation



“A happy man is too satisfied with the present  
to dwell too much on the future”

- Albert Einstein, 1896







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